

# PENGUIN RIGHTS GUIDE

## LONDON BOOK FAIR 2016

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## FLESH AND BONE AND WATER

Luiza Sauma

**A gripping début novel which combines the seductive beauty of place with haunting questions of class, sex and power**

On a hot summer's day in 1985, 17-year-old André Cabral's mother is killed in a road accident by Ipanema Beach. Charged with grief and longing, his attention is newly stirred by the intoxicating Luana, daughter of the family maid. But it is an attraction more dangerous than either of them in their teenaged reverie can possibly imagine – and in London two decades later, as André recalls the torrid months that followed his mother's death, his past revisits him in the form of a letter from his home country...

*Flesh and Bone and Water* is novel packed with beautifully drawn characters: the charismatic teenage protagonist, his belligerent and passionate father (a plastic surgeon who secretly performs abortions for rich ladies after hours), the housekeeper and her beautiful and unassuming daughter, Luana, watchful and ultimately at the mercy of the three men they must look after.

Mesmerising and beautifully realised, this is a début reminiscent of Chimamanda Ngozi Adichie's first novel, *Purple Hibiscus*.

Luiza Sauma was born in Rio de Janeiro and raised in London. After studying English at the University of Leeds, she worked at the *Independent on Sunday* for several years. She has an MA in Creative & Life Writing from Goldsmiths College, University of London, where she was awarded the Pat Kavanagh Award in 2014. She has also been shortlisted for the Commonwealth Short Story Prize.



## STRAYING

Molly McCloskey

**Marriage, infidelity and family relationships: a woman looks back at a summer that changed everything**

Alice, a young American, arrives in the West of Ireland with no plans and no strong attachments - except to her beloved mother, who raised her on her own.

She falls in love with an Irishman, marries him, and settles down in a place she scarcely knows. And then, in the course of a single hot summer, she embarks on an affair that sets her life on a new course and causes her to question everything: the definition of love, the value of family and the meaning of home. *Straying* is at once a gripping account of passion and ambivalence, and a profound meditation on the things that matter most.

Molly McCloskey, from Portland, Oregon, is the acclaimed author of three previous works of fiction and a memoir, *Circles Around the Sun*.

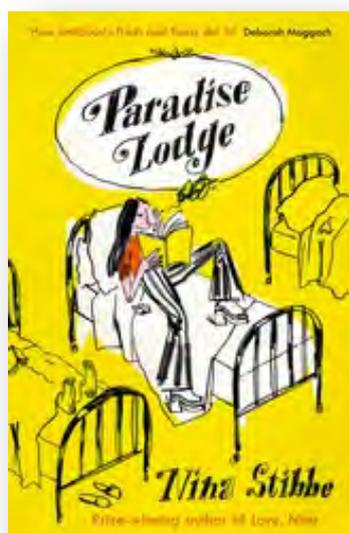
Praise for Molly McCloskey:

‘Every once in a while, a writer’s voice hits such a clear note, the resulting book has the kind of sweetness that makes you hold it in your hands a moment before finding a place for it on your shelves. *Circles Around the Sun* is this kind of book: it’s a keeper’ --- Anne Enright, *Guardian*

‘an extravagantly gifted writer’ --- Rachel Cusk

‘one of our finest writers’ --- Colum McCann

2 February 2017 | Editor: Brendan Barrington for Penguin Ireland | 256 pages  
Translation Rights: Penguin UK | US Rights: Aitken Alexander Associates



## PARADISE LODGE

Nina Stibbe

**“In Stibbe’s hands, I laughed hard, page after page. Brisk, ruthless, understated, English comedy gold” *The Times***

By the bestselling author of the memoir *Love, Nina* and the hugely-acclaimed novel *Man at the Helm*, *Paradise Lodge* is the fabulous new novel by one of the funniest writers around.

This is the story of Lizzie Vogel, a 15-year-old girl who finds herself working in an old people's home in the 1970s. The place is in chaos and it's not really a suitable job for a schoolgirl: she'd only applied for the job because it seemed too exhausting to commit to being a full-time girlfriend or a punk, and she doesn't realise there is a right and a wrong way to get someone out of a bath.

Through a cast of wonderful characters, from the assertively shy nurse who only communicates via little grunts to the very attractive son of the Chinese take away manager, *Paradise Lodge* is the story of being very young and very old, and the laughter and the tears in between.

*Love, Nina* was a 2013 ‘Book of the Year’ twelve times and has now sold 87,000 copies across all editions. Her debut novel *Man at the Helm* has sold over 50,000 copies. *Love, Nina* will be a 5-part BBC One TV series in spring 2016, scripted by Nick Hornby and starring Helena Bonham Carter. The US TV rights have been sold to Harvey Weinstein and film rights to *Man at the Helm* have also been sold. Nina’s many fans include: Nick Hornby, Marian Keyes, Deborah Moggach, Maria Semple, Andrew O’Hagan, John Lanchester, Catherine O’Flynn and Lisa Jewell, amongst many others.



## MISS BOSTON AND MISS HARGREAVES

Rachel Malik

**An enthralling and incredibly moving novel by a stunning new talent**

It is towards the beginning of the Second World War when Rene Hargreaves wakes up one day, leaves her children with her aunt and boards a train without buying a return ticket; so sure that she never wants to see her

husband again. Instead she starts a new life at the other end of the country, as a Land Girl. Billeted to Starlight Farm, and a long way from the city she has spent her life in, she finds its owner Elsie Boston and her country ways strange at first. Yet as their relationship develops they become inextricably dependent on each other, long after the War has ended, until they can no longer imagine a life apart.

When this shared life is suddenly and startlingly threatened by a visitor who comes to stay, they begin to have to fight a war of their own - not just against a community that has always kept its distance, but against the nation's press and the full force of the law.

Rachel Malik was born in London in 1965 to an English mother and Pakistani father. At Christ's College, Cambridge she first studied History but switched to English; she then studied Linguistics at Strathclyde University in Glasgow and for many years she has taught English Literature at Middlesex University, specialising in nineteenth-century fiction and publishing. *Miss Boston and Miss Hargreaves* is her first novel.



## MY SISTER'S BONES

Nuala Ellwood

### **What would you do to save your sister?**

*“I know I saw him, Dr Shaw. He was there, right in front of me. Why won't you believe me?”*

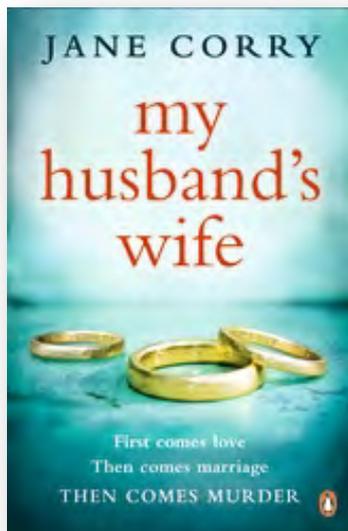
Kate is a high-flying war reporter. She's the strong one. The one who escaped their father and the suffocating boredom of their home town, Herne Bay. Her sister, Sally, didn't. Instead, she drinks.

When their mother dies, Kate is forced to return from Syria and move into the old family home. And what she finds there will make her question her very sanity...

With an unexpected and gut-wrenching twist, *My Sister's Bones* is a searing psychological thriller for fans of Fiona Barton's *The Widow* and Renée Knight's *Disclaimer*.

Nuala Ellwood is the daughter of a journalist who reported from Beirut. She was inspired by the experiences of her father, amongst others, to get Arts Council funding for her research into PTSD, an affliction that her protagonist, Kate, suffers from.

Her inspiration for the novel came from a lifelong fascination with female foreign correspondents such as Marie Colvin, Janine Di Giovanni and Martha Gellhorn; how they made themselves heard in a male-dominated world and always sought the human story amidst the chaos and horror of war.



## MY HUSBAND'S WIFE

Jane Corry

**First comes love... Then comes marriage...  
Then comes murder**

What if your life was built on a lie?

When Lily marries Ed, she's determined to make a fresh start. To leave the secrets of the past behind. But when she takes on her first-ever criminal defence case, she starts to find herself strangely drawn to her client. A man who's accused of murder. A man she will soon be willing to risk everything for.

But is he really innocent? And who is she to judge?

*My Husband's Wife* is an addictive, domestic psychological thriller for fans of *The Girl on the Train* and *I Let You Go*.

Jane Corry is a writer and journalist who has written regularly for numerous newspapers and magazines including *The Daily Telegraph Weekend* section, *Mail on Sunday* and *Woman*. She has spent time working as the writer-in-residence of a high security prison for men, an experience that helped inspire *My Husband's Wife*, her debut thriller. Her second novel, *Blood Sisters*, will publish in summer 2017.

“A dark and gripping thriller that vibrates with tension. Jane Corry has created an exciting and complex tale that sank its teeth into me on the first page and never let go... A must-read for thriller lovers”

Kate Furnivall

25 August 2016 | Editor: Katy Loftus for Viking | 544 pages  
Translation Rights: Penguin UK | US Rights: Pamela Dorman Books  
Rights sold: Germany (Diana Verlag), Denmark (Politikens Forlag), Turkey (Destek),  
Czech Republic (Mlada Fronta)



## THE WRONG HAND

Jane Jago

**Three boys**

**One moment**

**No going back...**

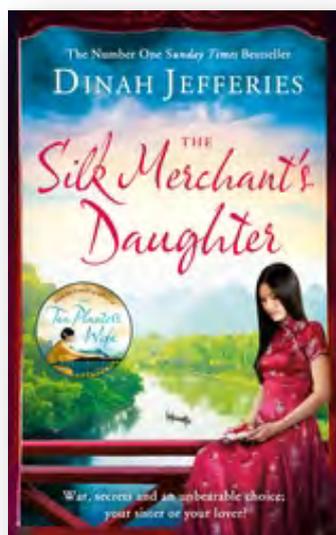
We all make mistakes. Moments that change us and the path we are on irrevocably. For Rachel Allen, it was the moment that she let her son's hand slip from hers. For Danny Simpson and Graham Harris, it was the moment one of them took it.

Seven years ago Danny and Graham were just children themselves; angry, marginalized and unguided. That was, until, they committed a crime so heinous that three families were left devastated. They were no longer just boys, they were monsters.

Released from juvenile detention, it is time for the boys, now men, to start again; new names, new people. But they can never escape who they are or what they did. They will always be running. They will always be hiding. But are some mistakes too large - the ripples too far reaching - to outrun forever?

This is hard-hitting emotive fiction for fans of Christos Tsiolkas' *The Slap*.

Jane Jago was born in Sydney Australia in 1961. Originally trained as a printmaker, she began writing whilst raising a family. She has a long standing interest in developmental psychology and the dark side of human nature, and is passionate about the protection of children and their right to a childhood. *The Wrong Hand* is her first novel.



## THE SILK MERCHANT'S DAUGHTER

Dinah Jefferies

**War, secrets and an unbearable choice:  
your sister or your lover?**

1952, French Indochina. Since her mother's death, 18-year-old half-French, half-Vietnamese Nicole has been living in the shadow of her beautiful older sister, Sylvie.

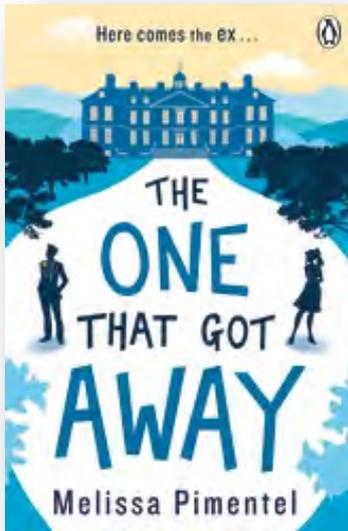
When Sylvie is handed control of the family silk business, Nicole is given an abandoned silk shop in the Vietnamese quarter of Hanoi. But the area is teeming with militant rebels who want to end French rule. For the first time, Nicole is awakened to the corruption of colonial government - and her own family's involvement shocks her to the core...

Tran, a notorious Vietnamese insurgent, seems to offer the perfect escape from her troubles, while Mark, a charming American trader, is the man she's always dreamed of. But who can she trust in this world where no one is what they seem?

*The Silk Merchant's Daughter* is Dinah's third novel. Her second novel *The Tea Planter's Wife* reached **number one** on the *Sunday Times* bestseller paperback fiction chart and rights have sold across 18 territories.

Dinah Jefferies was born in Malaysia and moved to England at the age of nine. She has worked in education, lived in a commune and exhibited work as an artist. She is a contributor to the *Guardian* and other newspapers, and lives in the UK.

25 February 2016 | Editor: Venetia Butterfield for Viking | 400 pages  
Translation Rights: Penguin UK (excluding France and Germany) | US Rights: Penguin UK  
Rights sold: Norway (Vigmostad & Bjørke), Poland (HarperCollins Polska)



## THE ONE THAT GOT AWAY

Melissa Pimentel

**A smart, funny and modern retelling of Jane Austen's *Persuasion* for fans of Mhairi McFarlane, Lindsey Kelk and Sophie Kinsella**

Ruby and Ethan were perfect for each other.  
Until the day they suddenly weren't.

Ten years later, Ruby's single, having spent the last decade focusing on her demanding career and hectic life in Manhattan. There's barely time for a trip to England for her little sister's wedding. And there's certainly not time to think about seeing Ethan there for the first time in years.

But as the family frantically prepare for the big day, Ruby can't help but wonder if she made the right choice all those years ago? Because there's nothing like a wedding for stirring up the past...

Melissa Pimentel is a literary agent living in London having moved over from America. Rights in her first novel, *Age, Sex, Location*, have sold in 7 territories.

Praise for *Age, Sex, Location*:

'Hugely enjoyable! Great fun, a gripping read, and very touching'

Marian Keyes

22 September 2016 | Editor: Kimberley Atkins for Michael Joseph | 400 pages  
Translation Rights: Penguin UK | US Rights: Penguin UK  
Rights sold: Germany (Goldmann)



**MY NAME IS NOBODY**  
A Wilde and Vine Thriller  
Matthew Richardson

**A brilliant, twisting début thriller for fans of Robert Harris's *The Ghost* and Charles Cumming's *A Foreign Country***

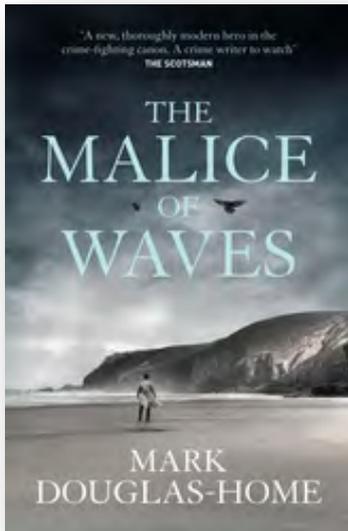
When Gabriel Wilde, Head of Station in Kabul and one of the best spies of his generation, is kidnapped from his apartment, the service goes into lockdown. In an attempt to uncover the truth, Security Minister Olivia Cartier calls on the help of disgraced spy and one-time friend of Wilde's - Solomon Vine.

Desperate to find a way back in from the cold, and swayed by his old loyalties to Wilde, Vine starts asking questions. As he negotiates the corridors of power in London, Oxford and Cambridge, he soon discovers that nothing is quite as it seems - and that everyone has a secret.

*My Name is Nobody* is a sophisticated, pacey and accomplished début novel by 25-year-old rising star Matthew Richardson. Appealing to fans of the TV series *Homeland*, *Deutschland 83* and *The Bourne Trilogy* - as well as novels *I Am Pilgrim* and Robert Harris' *The Ghost* - this is a gripping, multi-layered and clever international thriller set in London, Kabul, Islamabad and the Middle East.

Matthew Richardson is a parliamentary researcher for the British government. He also writes for the *Guardian*, *Spectator* and the *Independent*.

26 January 2017 | Editor: Rowland White for Michael Joseph | 320 pages  
Translation Rights: Penguin UK | US Rights: Penguin UK  
Rights sold: Czech Republic (Euromedia), Slovakia (Ikar)



## THE MALICE OF WAVES

Mark Douglas-Home

**The third book in an atmospheric, distinctive character-driven new crime series, perfect for fans of Ian Rankin and Peter May**

Five years ago, 14-year-old Max Wheeler disappeared from Priest's Island, an isolated but bleakly beautiful place on the edge of the Atlantic Ocean.

In the closeknit local community, there are no secrets, except what happened to Max. None of the police or private investigations since have shed any light on what happened the night he went missing, presumed dead.

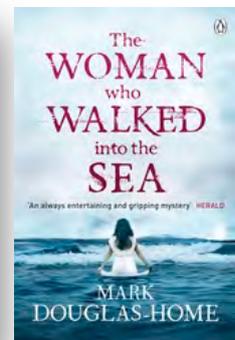
But there is one man who is yet to take on the case: The Sea Detective.

Cal McGill is an oceanographer and unique investigator who uses his knowledge of tides, winds and currents to solve mysteries no-one else can. As Cal arrives, a violent storm approaches, threatening to completely cut off the island, with a possible murderer at large...

Mark Douglas-Home is a journalist-turned-author, former editor of the *Herald* and the *Sunday Times Scotland*. *The Sea Detective* and *The Woman who Walked into the Sea* are the first two novels in the series.

‘Raises the bar... elegantly written and compelling’

*The Scotsman* on *The Sea Detective*



19 May 2016 | Editor: Emad Akhtar for Michael Joseph | 304 pages  
Translation Rights: Penguin UK | US Rights: Penguin UK



## THE KEEPER Alastair Gunn

### **The third thrilling novel in the DCI Antonia Hawkins series**

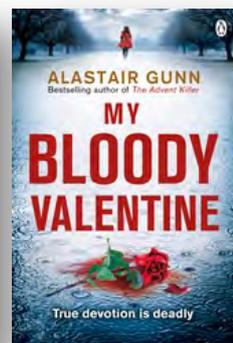
A man is found dead near an isolated forest outside of London. When another body is discovered a few days later, DCI Antonia Hawkins knows that she must move fast. The hunt is on.

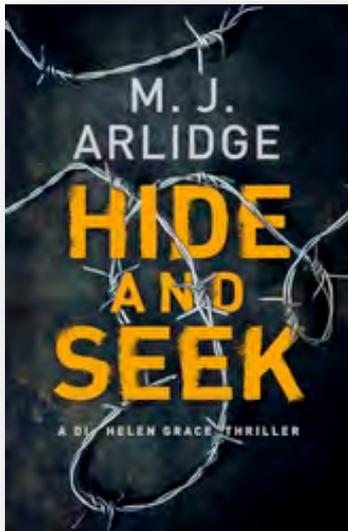
With each passing day, Hawkins struggles to find a pattern in this seemingly random scattering of murders. But who is the hunter?

With more disappearances, Hawkins must stop a cold, careful killer whose twisted game can only be guessed at, before the next disappearance...

With a terrifying plot twist, *The Keeper* is perfect for readers of Chris Carter and Richard Montanari.

Alastair Gunn is the author of *The Advent Killer*, which sold over 30,000 copies in the UK. Rights sold in Germany (Goldmann) and Norway (Juritzen). This was followed by *My Bloody Valentine*, the second novel in the DCI Antonia Hawkins series.





## HIDE AND SEEK

DI Helen Grace 6

M. J. Arlidge

**The sixth novel in the international bestselling DI Helen Grace series**

Helen awaits trial in a crumbling women's prison in Southampton. She has a fight on to prove her innocence from inside her prison cell, but this soon turns out to be the least of her worries. A serial killer is picking off fellow inmates, thriving in an environment where there is truly nowhere to run. Is it a criminal giving in to their dark urges or is a member of the prison staff preying on the captive population? Helen must work fast to reveal this devious killer, all the time wondering if she will be next on her list...

M. J. Arlidge is one of Penguin's most successful crime writers, delivering a book every six months. He has worked in television for the last fifteen years, specializing in high-end drama production, including prime-time crime serials *Torn*, *The Little House* and, most recently, *Undeniable*. He is currently writing for the hit BBC series *Silent Witness*. *Little Boy Blue* went straight into number three on the *Sunday Times* bestseller chart.

His début thriller, *Eeny Meeny*, was the UK's bestselling crime début of 2014, having sold over 280,000 copies across all formats and internationally in **29 territories:**

US (NAL), Korea (Book Plaza), Latvia (Zvaigzne), Germany (Rowohlt), France (Editions First), Spain (Suma de Letras), Brazil (Record), Italy (Corbaccio), Netherlands (Boekerij), Portugal (Topseller), Sweden (Lind), Norway (Vigmostad & Bjørke), Hungary (Gabo Kiado), Lithuania (Alma Littera), Estonia (AS Sinisukk), Czech Republic (Beta), Bosnia (BTC Sahinpasic), Greece (Dioptra), Taiwan (Doing), Romania (Trei), Serbia (Evro Giunti), Bulgaria (Hermes), Slovakia (Ikar), Croatia (Mozaik Knjiga), Turkey (Pegasus), Russia (Sindbad), Poland (Poznanskie), Slovenia (Učila), Thailand (Jamsai)

8 September 2016 | Editor: Rowland White for Michael Joseph | 368 pages  
 Translation Rights: Penguin UK | US Rights: Penguin UK  
 Rights sold: Norway (Vigmostad & Bjørke)



## DIARY OF A WARTIME AFFAIR

Doreen Bates

### **The true story of a surprisingly modern romance in war-stricken London**

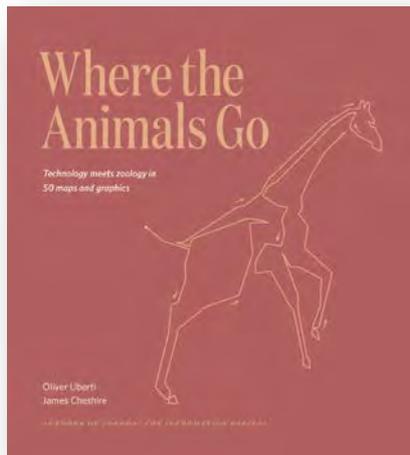
London in 1934. Clever young civil servant Doreen Bates is working in the same office as E, an older married man. In the years just before the war, they develop an irresistible attraction to one another and strike up a passionate affair.

Doreen records it all with startling candour in her diary - secret midnight walks, countryside escapades and stolen moments of intimacy.

But Doreen starts to long for a child with E. Despite all the taboos of the time, and against the wishes of E, she is determined to become a mother - even though she knows that her decision will provoke anger and shame from her family, friends and colleagues. Eventually she gets pregnant and is amazed when twins are born during the war. However, Doreen faces an uncertain future - will E ever leave his wife and join his new family?

This is the story of a young woman forging her own path in a period of turbulence and uncertainty.

Doreen Mary Bates, the author of this diary, was born on 25 April 1906, the first child of Rosa and Wyndham Bates. When Doreen joined the Inland Revenue, E had been working there for several years and was married to Kathleen, a ballet teacher. Doreen Bates' children, Margaret and Andrew, edited this diary.



## WHERE THE ANIMALS GO

James Cheshire and Oliver Uberti

**A breakthrough visual guide which tells the real stories of wildlife through cutting edge technology**

Until the twentieth century, the study of animals was limited to what a naturalist could observe. 'Tracking animals' meant following their footprints and droppings. In 1900, scientists began the first bird-banding schemes and observation surveys. By the new millennium, researchers were using radio transmitters, drones, bioacoustics, DNA analysis, cellular networks and GPS to track wildlife.

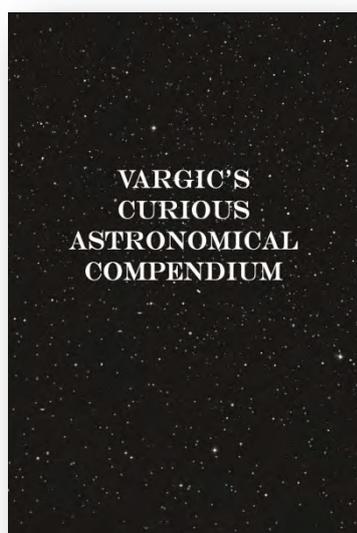
In *Where the Animals Go*, the authors push the boundaries of what printed mapping can convey by using millions of data points to tell fifty complex stories, illustrated by stunning maps and graphics. From how birds avoid tornadoes to what slime can tell us about urban planning, the book will prove that ecology and zoology truly are tech fields.

Oliver Uberti is a visual journalist and award-winning graphic designer from Michigan. From 2003 to 2012, he worked in the design department of National Geographic, most recently as Senior Design Editor.

Dr James Cheshire is a geographer whose award-winning maps have appeared in the *Guardian* and the *Financial Times* as well as on his popular blog, Mapping London. James is currently a lecturer at University College London and a Fellow of the Royal Geographical Society.

Their first book, *LONDON: The Information Capital*, published in 2014 and sold 30,000 copies.

27 October 2016 | Editor: Cecilia Stein for Particular Books  
192 pages | 280 x 250mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## VARGIC'S CURIOUS ASTRONOMICAL COMPENDIUM

Martin Vargic

**A distinctive, visual guide to astronomy, brilliantly combining beautiful design and accessible information**

Space exploration and the cosmos are zeitgeist topics for 2016. If there were ever a great time to be publishing a fresh, innovative and up-to-date book on the universe it's now, and *Vargic's*

*Curious Astronomical Compendium* certainly won't be run-of-the-mill.

The book will consist of four chapters: The History of the Universe, The Solar System, Stars & Galaxies and Humans & the Universe, in which Vargic expands on common themes with new theories and unique content. Complex concepts will be debunked with accessible yet factual infographics and visualisations.

Martin Vargic is an 18-year-old Slovakian student and amateur graphic designer. His first book, *Vargic's Miscellany of Curious Maps*, featured a collection of 64 themed maps and infographics which showcase the cultural proximities of the modern world. His most famous works, Map of the Internet 1.0 and Map of Stereotypes, went viral upon release on his website ([www.halcyonmaps.com](http://www.halcyonmaps.com)) and received global media attention. Vargic believes that when it comes to space exploration we're at the dawn of a new golden age, but when it comes to space explanation we are woefully behind. *Vargic's Curious Astronomical Compendium* will offer original and rich content by an author whose passion for the subject and unique designs make him the only man for the job. Martin's astronomical infographics have already been published by *Time.com*, *Popular Mechanics*, *IFLScience*, *Universe Today* and several other space and science-oriented media worldwide.

6 October 2016 | Editor: Viola Hayden for Michael Joseph  
128 pages | 305 x 254mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Harper Design



## CLOWN EGG REGISTER

Luke Stephenson & Helen Champion

### **A one-of-a-kind photographic archive of clown identity**

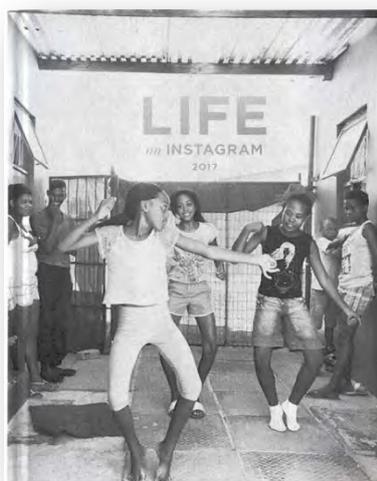
The Clown Egg Register is a unique record of over three hundred and fifty clown faces, each one painted onto an egg. This is a recognised copyright register for a clown's personal visual identity, preserving the unwritten rule that a clown must not copy the face of another.

This tradition began using chicken eggs around 1946 at what was then called the International Circus Clowns Club, now Clowns International. After a two-decade hiatus from 1965, Clown Bluey became chairman of Clowns International in 1984 and resurrected the practice of recording clown members' faces on eggs. This time a professional artist was used and the faces were painted on china; pot eggs instead of chicken eggs.

*Clown Egg Register* will showcase one hundred of the best eggs, photographed by Luke Stephenson and with the endorsement of Clowns International. Alongside each image will be a small biography of the clown whose face the eggs represents, written by Helen Champion (Zenden the Clown). These range from the ordinary to the absurd, with stories of friendship, love, loneliness and belonging at their core.

Luke Stephenson graduated in 2005 and was awarded the Jerwood Photography Prize the very same year. He creates affectionate portraits of his subjects, both animate and inanimate, and documents worlds often hidden from the mainstream. His work has been published in a variety of publications including *The New York Times Magazine*, *The Guardian*, *Dazed & Confused*, *Foam*, *Art Review*, and *Wallpaper\**.

31 March 2017 | Editor: Cecilia Stein for Particular Books  
160 pages | 153 x 153mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## LIFE ON INSTAGRAM

**A powerful expression of contemporary culture, uniting thousands of beautiful and original photographs from around the world in one physical space**

80 million photos are posted on Instagram each day and over 40 billion have been shared to date; five times more photos than there are human beings on Earth. At no point in time have we had access to this wealth and diversity of fascinating imagery.

In the past, books which attempted to do something akin to this were photo-journalistic annuals, shot from the outside in. *Life on Instagram* truly reveals the world in which we live; a time where individuals curate and share their lives telling their visual stories as they would like them to be told, from the inside out. Today our phones and cameras allow us to instantly impart our joys, excitements and heartbreaks with one another, and to find comfort in doing so. This book is about the beauty and wonder of everyday life, the commonalities and differences between us all, and the ability to connect with and understand others as never before.

The book will be curated by Jim Stoddart. Since 2001, Jim has been Art Director at Penguin Press where he designs for and oversees Penguin's Allen Lane hardback imprint, the Particular Books imprint and Penguin non-fiction paperbacks. Among many diverse projects over the years, Jim has spearheaded the redesign and rebranding of Penguin Classics, Penguin Modern Classics and Pelican Books. Under various guises, Jim has been a long-term fan and contributor to Instagram.

1 September 2016 | Editor: Cecilia Stein for Particular Books  
352 pages | 192 x 256mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## THE TEN (FOOD) COMMANDMENTS

Jay Rayner

**Britain's culinary Moses brings us the new foodie rules to live by, celebrating what and how we eat**

The Ten Commandments may have had a lot going for them, but they don't offer those of us located in the twenty-first century much in the way of guidance when it comes to our relationship with our food. And Lord knows we need it.

Enter our new culinary Moses, the legendary restaurant critic Jay Rayner, with a new set of hand-tooled commandments for this food-obsessed age. He deals once and for all with questions like whether it is ever okay to covet thy neighbour's oxen (it is), eating with your hands (very important indeed) and if you should cut off the fat (no). Combining reportage and anecdotes with recipes worthy of adoration, Jay Rayner brings us the new foodie rules to live by.

Jay Rayner is an award-winning writer and broadcaster, best known as restaurant critic for the *Observer*. He is a former Critic of the Year and Restaurant Critic of the Year, and in the 2014 British Press Awards he was shortlisted for both Critic of the Year and Specialist Journalist of the Year. In a recent survey of journalists and the public by UK Press Gazette, Jay was voted the most influential food and drink journalist in Britain.



## LITTLE MIX

Little Mix

**A tell-all book from an award-winning, international bestselling girl band**

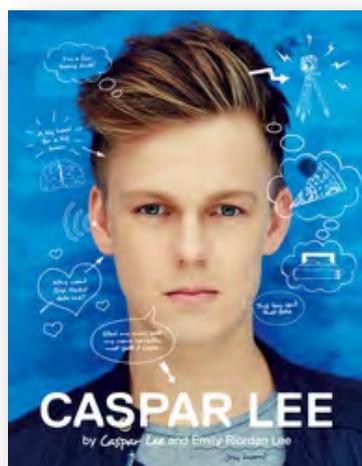
Loved and critically-acclaimed across the world, Little Mix are one of the biggest musical groups in the game. Since winning The X Factor in 2011, they've amassed over 12 million record sales worldwide,

had two platinum-selling albums and are in the middle of their second sell-out arena tour.

Their top 3 videos alone have clocked up 400 million views on YouTube and – from their chart-topping music to their headline-making break-ups – these girls create news wherever they go.

In their hugely-anticipated second book, the girls share their innermost secrets. They discuss friendship, relationships and all the lessons they've learned on their incredible journey to superstardom. Brimming with beautiful photos, including many from the girls' own personal collections, take a sneak peek into the glitz, the glamour and the ups and downs of being in the world's hottest girl group.

22 September 2016 | Editor: Fenella Bates for Michael Joseph  
288 pages | 228 x 170mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## CASPAR LEE

Caspar Lee and Emily Riordan Lee

### **The eagerly-anticipated memoir from YouTube heart-throb Caspar Lee**

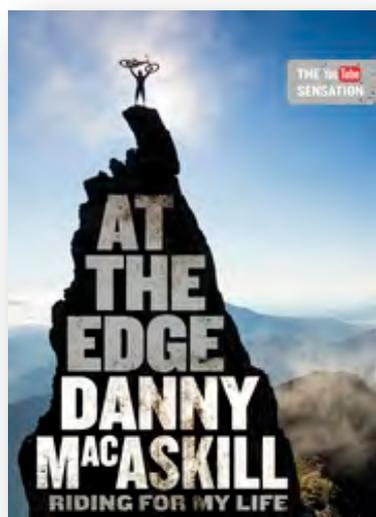
Unbeknownst to Caspar his mum, Emily, secretly signed a deal to write his life story. Luckily he discovered her plan and dashed to the printers, just in time to correct some of her allegations.

The story of Caspar's crazy life so far is full of hilarious anecdotes, including how he tried to kill his mum on his first day on earth, his 'eventful' time at school, and how he always was a hit with the ladies. This is THE must-have book for Caspar's fans around the world, brimming with exclusive material including never-seen-before personal photographs.

Caspar Lee is one of the biggest YouTube stars in the world with 5.9 million subscribers and over 500 million views. The 21-year-old entertains millions of fans around the world with his original brand of comedy and observations on life in his hilarious self-produced videos. He has been vlogging for five years and recently broke Amazon records with the DVD release of *Hit the Road*, the movie Caspar made with his best friend and flatmate (and Zoella's younger brother) Joe Sugg.

Emily Riordan Lee was born in Dublin in 1956 to a poet father and a novelist mother, and inherited their love of literature from a young age. After receiving an Honours Degree in English from Trinity College Dublin, Emily worked as a journalist and later pursued a career in film and television production. She currently divides her time between South Africa and Ireland.

31 May 2016 | Editor: Fenella Bates for Michael Joseph  
272 pages | 246 x 189mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Grand Central Publishing



## AT THE EDGE

Riding for My Life  
Danny MacAskill

**The adrenalin-fuelled story of the Red Bull stunt cyclist who has taken YouTube by storm**

“I've already had my nine lives on the bike...”

Danny MacAskill lives at the edge. The cyclist is legendary for his YouTube viral videos like The Ridge: nerve-jangling blurs of stunts and speed over towering buildings and mountain peaks. His life is one of thrills, bloody spills and millions of online hits. It hasn't been an easy ride. Fear, stress and the 'What if?' factor circle every trailblazing trick, all of which require imagination, daredevil techniques and movie-making smarts. He has spent his life pushing the extremes - somehow, he's still around to tell the tale.

In this unflinching memoir of mayhem, Danny shares his anarchic childhood on the Isle of Skye and early days as a street trials rider, takes us behind the scenes of his training and videos, and reveals what it takes to go beyond the next level - both mentally and physically. Join Danny for a nerve-shredding ride. Just be sure to bring a crash helmet.

Danny MacAskill is a professional stunt trials rider for Red Bull and Inspired Bicycles. Raised in Dunvegan on the Isle of Skye he was a bike mechanic, but his passion for trials riding turned into an unlikely career when his début video - jaw-dropping stunts played out on the streets of Edinburgh - went viral. He has built over 150 million YouTube hits with videos including The Ridge - an epic ride across the Isle of Skye's Inaccessible Pinnacle, filmed with GoPro. He has been nominated for Action Sportsperson of the Year at the Laureus World Sports Awards and the National Geographic Adventurer of the Year Award.

29 September 2016 | Editor: Joel Rickett for Viking  
304 pages | Illustrations: 2x8pp colour inset  
Translation Rights: Penguin UK | US Rights: Penguin UK



## OUT OF THE DESERT

My Journey From Nomadic Bedouin to  
Global Oil's Central Banker

Ali Al-Naimi

**The extraordinary memoir of global oil's  
central banker**

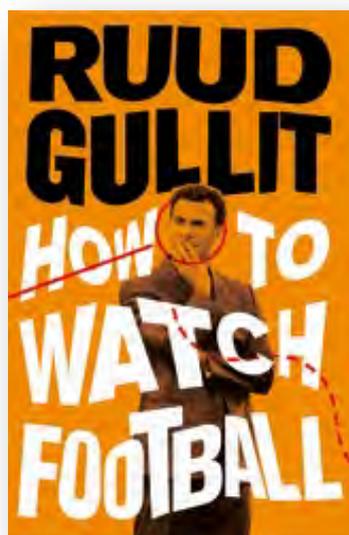
Ali Al-Naimi is Saudi oil minister - and OPEC kingpin - a position he has held for 20 years. As global oil's central banker, Al-Naimi moves markets with the briefest of utterances. But it hasn't always been that way.

Al-Naimi was born into abject poverty as a nomadic Bedouin in the 1930s, just as US companies were discovering vast quantities of oil under the baking Arabian deserts. From his first job as a shepherd boy, aged four, to his appointment to one of the most powerful political and economic jobs in the world, *Out of the Desert* charts Al-Naimi's extraordinary rise to power.

Described by Alan Greenspan as *'the most powerful man you've never heard of'*, his incredible journey proves that anyone can make it - even a poor Bedouin shepherd boy. This is his exclusive inside story of power, politics and oil.

His Excellency Ali Ibrahim Al-Naimi is Minister of Petroleum and Mineral Resources for the Kingdom of Saudi Arabia, a post he has held since 1995. He is a member of the Cabinet of the Council of Ministers and the Supreme Economic Council. From 1995 until 2015, he was Chairman of the Kingdom's national oil company, Saudi Aramco. He is also Chairman of the Saudi Geological Society and of the King Abdullah University of Science and Technology. He is routinely named on international power lists, including the Time World's 100 Most Influential People and *The Times's* GulfPower25.

3 November 2016 | Editor: Joel Rickett for Portfolio Penguin  
320 pages | Illustrations: 1x8pp colour inset  
Translation Rights: Penguin UK | US Rights: Penguin UK



## HOW TO WATCH FOOTBALL

Ruud Gullit

**Welcome to Ruud Gullit's masterclass on how to 'read' a football match**

How can one striker be better than three? Why do the best defenders never need to make a tackle? What's the secret of Tiki-taka?

From his unrivalled perspective as player, manager and commentator, the Dutch football legend shows us everything to look for in a 90-minute match. From formations and tactical decisions to player qualities and pivotal moments, Ruud Gullit unveils the hidden patterns on the pitch - as if he's sitting right there on the sofa next to you.

Packed with his acute insights, original observations and talking points sure to dazzle down the pub, *How to Watch Football* will quite simply change the way you see - and enjoy - the beautiful game.

Ruud Gullit was twice voted World Football Player of the Year and is widely regarded as one of the world's best ever players. Born in 1962 in Amsterdam, he was captain of the Netherlands team that was victorious at Euro 88 and played in the 1990 World Cup. He went on to manage Chelsea, Newcastle, Feyenoord, LA Galaxy and Terek Grozny. His career now extends to broadcasting, public speaking and hosting, and he speaks five languages.

8 September 2016 | Editor: Joel Rickett for Viking | 304 pages  
Translation Rights: Penguin UK | US Rights: Penguin US  
Rights sold: Netherlands (Ambo Anthos)



## QUIET LEADERSHIP

Winning Hearts, Minds and Matches  
Carlo Ancelotti

**The legendary football coach finally tells his story and reveals his management secrets**

Carlo Ancelotti is one of the greatest managers of all time, with five Champions League titles to his name. Yet his approach could not be further from the aggressive theatricals favoured by many of his rivals. His understated style has earned him the fierce loyalty of players like David Beckham, Zlatan Ibrahimovic and Cristiano Ronaldo.

In *Quiet Leadership*, Ancelotti reveals the full, riveting story of his managerial career - his methods, mentors, mistakes and triumphs - and takes us inside the dressing room to trace the characters, challenges and decisions that have shaped him. The result is both a scintillating memoir and a rare insight into the business of leadership.

Carlo Ancelotti has won football's ultimate prize, the Champions League, a record five times - twice as a player and three times as a manager. He has coached clubs including Parma, Juventus, AC Milan, Paris Saint-Germain, Real Madrid and Chelsea (winning the 'Double' in 2010) and has won titles in every country in which he has managed. From July 2016 he will be head coach of the current German champions, Bayern Munich.

Co-author Chris Brady is Professor of Management Studies and Director of the Centre for Sports Business at Salford University. His books include *The 90-Minute Manager*. Co-author Mike Forde is former performance director at Chelsea FC and currently performance analyst with San Antonio Spurs in the NBA.

26 May 2016 | Editor: Joel Rickett for Portfolio Penguin | 256 pages

Translation Rights: Penguin UK | US Rights: Penguin UK

Rights sold: Germany (Knaus Verlag), Italy (Rizzoli), France (Hugo & Cie), Poland (Insignis)



## WIN OR LEARN

Mixed Martial Arts, Conor McGregor  
and Me

John Kavanagh

**The revelatory story of the man behind the success of Mixed Martial Arts superstar Conor McGregor**

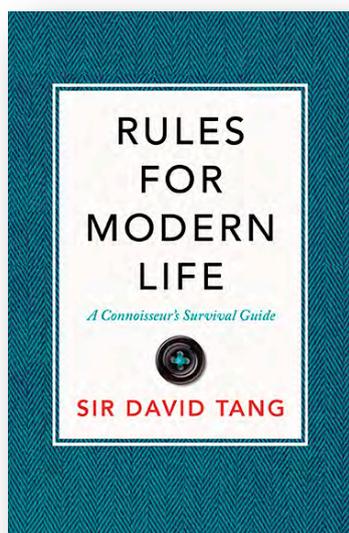
Growing up in Dublin, John Kavanagh was a skinny kid who was frequently bullied. After suffering a bad beating when he intervened to help a woman who was being attacked, he decided he had to learn to defend himself. Before long, he was training fighters in a tiny shed and promoting the earliest mixed-martial arts events in Ireland. And then, a cocky young lad called Conor McGregor walked into his gym...

In *Win or Learn*, John Kavanagh tells his own remarkable life story - which is at the heart of the story of the extraordinary explosion of MMA in Ireland and globally. Kavanagh has become a guru to young men and women seeking to master the arts of combat. And as the trainer of the world's most charismatic male MMA star, he has become a magnet for talented fighters from all over the world. Kavanagh's portrait of Conor McGregor - whom he has seen in his lowest moments, as well as in his greatest triumphs - is a revelation.

What emerges from *Win or Learn* is a remarkable portrait of ambition, discipline, and persistence in the face of years and years of disappointment. It is a must read for every MMA fan - but also for anyone who wants to understand how to follow a dream and realize a vision.

John Kavanagh is one of the world's leading mixed martial arts coaches and is regarded as the founder of MMA in Ireland. His stable of fighters includes the most prominent male MMA star, Conor McGregor.

30 June 2016 | Editor: Brendan Barrington for Penguin Ireland  
288 pages | Illustrations: 2x8pp colour inset  
Translation Rights: Penguin UK | US Rights: Penguin UK



## RULES FOR MODERN LIFE

Sir David Tang

**The *Financial Times* agony uncle answers all the questions about society you never knew you needed to ask**

The twenty-first century is an age of innumerable social conundrums. What is the correct way to deal with dinner guests who check their emails throughout the meal? Can shorts and sandals ever be acceptable attire for a gentleman? And

just what is the correct etiquette if you find yourself sitting next to Julia Roberts on a plane?

In *Rules for Modern Life*, Sir David Tang offers a satirical masterclass in navigating the social niceties of modern life. Whether you're unsure of the correct footwear for shooting or how to look professional in a bath towel, debating the etiquette of doggy bags or installing a massage room in your second home, Sir David has the answer to all your social anxieties - and more besides.

Sir David Tang is a businessman and entrepreneur, best known as the founder of China Tang and iCorrect, as well as the luxury clothing brand Shanghai Tang. He is also the resident 'agony uncle' at the *Financial Times*, answering readers' questions about property, interiors, architecture and gardens - although he often strays beyond his remit to debate concerns about everything from etiquette to grammar.



## BUSINESS FOR BOHEMIANS

### Make Your Creativity Pay

Tom Hodgkinson

**An irreverent and indispensable guide to the pleasures (and pitfalls) of working for yourself**

Many of us dream of working for ourselves, but don't cashflow forecasts, tax returns and P&Ls all sound a bit of a bore?

Fear not: help is at hand. In *Business for Bohemians*, Tom Hodgkinson combines practical advice with laugh-out-loud anecdote to create a refreshingly candid guidebook for all of us who aspire to a greater degree of freedom in our working lives.

Whether you dream of launching your own startup or profiting from your creativity in your spare time, *Business for Bohemians* will equip you with the tools to turn your talents into a profitable and enjoyable business. Accounting need no longer be a dark art. You will become au fait with business plans and a friend of the spreadsheet. You will discover that laziness can be a virtue. Above all, you will realize that freedom from the nine-to-five life is achievable - and, with Hodgkinson's comforting, pragmatic and extremely funny advice at hand, you might even enjoy yourself along the way.

Tom Hodgkinson is editor of *The Idler* and author of *How To Be Idle*, *How To Be Free*, *The Idle Parent* and *Brave Old World*, which have sold hundreds of thousands of copies across 21 territories. He contributes a parenting column to the *Daily Telegraph* and writes for various newspapers and magazines.

6 October 2016 | Editor: Joel Rickett for Portfolio Penguin | 256 pages  
Translation Rights: Penguin UK | US Rights: Penguin UK



## THINK LIKE A TODDLER

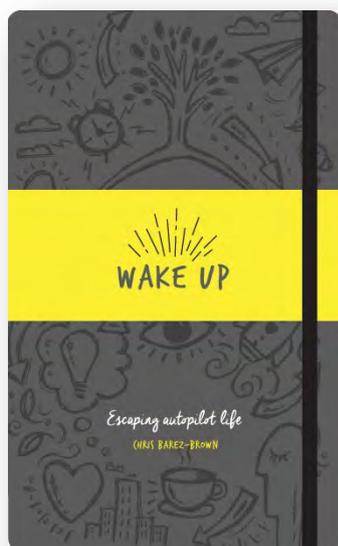
Paul Lindley

**Unleash your inner toddler to unlock your creative potential and maximise success in work and life**

There are some 400 million people worldwide whose creativity, imagination and determination put the rest of us to shame. They are experts in their field, despite having no experience to speak of. Once, you were one of them too. They are toddlers - and they hold the key to unlocking our creative potential as adults.

In *Think Like A Toddler*, Ella's Kitchen founder Paul Lindley reveals the nine characteristics and behaviours that we can all learn from recalling our toddler selves. From attention-grabbing tactics that would humble most marketing experts to the art of thinking divergently, Lindley shows how much we've lost in getting old - and how we can get it back. Never mind growing up; it's time we grew down.

Paul Lindley is one of the UK's leading entrepreneurs. He is best known for founding Ella's Kitchen, the UK's bestselling baby food brand, which retails in 40 countries across the world. He is also the founder of the children's toiletries brand Paddy's Bathroom, and co-founder of social enterprise The Key Is E. Before Ella's Kitchen he was deputy managing director at Nickelodeon UK.



## WAKE UP! Escaping Life on Autopilot Chris Baréz-Brown

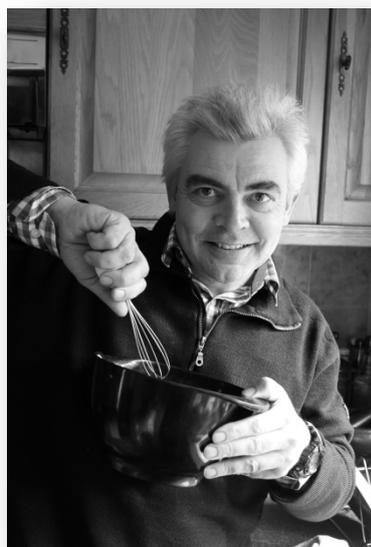
### **52 ideas to help you live a more conscious, technicolor and extraordinary life**

Most of our days are lived on autopilot. They whizz by in a blur because our unconscious mind is in control. It doesn't need to be that way. We can wake up to the amazing world and amazing people around us. We can be more tuned in, alive and ultimately happier.

*Wake Up!* gives 52 simple and fun ideas and activities to help us enjoy life that little bit more, break free from our habits, and be more alert to the wonders we speed past. From climbing a tree to spreading an infectious smile, from cooking from scratch to slowing down to really notice the world around us. Wake up, live life and be awesome.

Bestselling author, speaker and business beatnik Chris Baréz Brown, founded his company Upping Your Elvis in 2009 to help people reconnect with their inner genius and become confident in being who they truly are. Described as a 'long-haired twinkly-eyed cross between Richard Branson and a wizard' (*Guardian*) Chris has written the bestselling books *Shine: How to survive and thrive at work* and *Free: Love your work, love your life*. In 2016 he became a columnist for *Psychologies* magazine and launched his latest mission: The Great Wake Up! His clients include Nike, Coca-Cola, Unilever, Google and Facebook amongst others. He has lectured around the world, including his TEDx on creativity, and will be speaking at Leadercast in the US in 2016.

1 December 2016 | Editor: Emily Robertson for Penguin Life  
160 pages | 130 x 210mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## MICROMASTERY

The Hidden Path to Success

Robert Twigger

**We are not born to be dull specialists.**

**We are born to be micromasters**

We read that we must be passionate about only one thing, that 10,000 hours of hard practice is needed to achieve mastery. But in fact most successful people, including Nobel prize winners, nurture multiple areas of knowledge and activity that feed their central subject.

Whether it's making a perfect soufflé, dancing a tango or lighting a fire, when we take the time to cultivate small and quantifiable areas of expertise, we change everything. We become faster and more fearless learners, spot more creative opportunities, improve our brain health and boost our happiness. We see knowledge itself completely differently. The skills acquired in painting a door flawlessly or growing delicious chillies will unexpectedly transform your life.

So start small. Start specific. But start - and you'll be on the path to mastery.

Robert Twigger is an author, adventure traveller and apprentice micromaster. His first book *Angry White Pyjamas*, about a year spent in a Japanese martial arts dojo, won the William Hill Sports Book of the Year Award and the Somerset Maugham Award. He has lectured on risk management, polymathics and leadership at Oxford Brookes business school, Oxford University, The Royal College of Art, and to companies including P&G, Maersk shipping, Oracle computing and SAB Miller.



## RUN FOR YOUR LIFE

William Pullen

**A practical guide which combines running and walking with mindfulness-inspired thought exercises for a happy, healthier way of life**

Anyone who has ever gone for a run, jog or even a walk knows that uplifting, happy feeling they get at the end of their journey. Some call it the 'runner's high', others put it down to endorphins. In *Run for Your Life*, William Pullen teaches us focus that incredible energy to experience our emotions in motion.

Pullen argues that we need a radical new approach to mindfulness - an approach which originates in the body itself, and Dynamic Running Therapy offers just that. Whether you are looking for strategies to cope with anxiety, anger, change or decision-making, *Run for Your Life* offers carefully-tailored thought exercises (and talking therapies for pairs or groups) inspired by mindfulness and Cognitive Behavioural Therapy, specifically designed to be implemented whilst on a run or walk.

The book is designed to offer space for you to reflect on your practice and see your progress as you run through life's ups and downs. Offering practical steps to combine mental and physical wellbeing, *Run for Your Life* introduces Dynamic Running Therapy as a truly holistic approach to living, bringing the mind in perfect harmony with the body and combining the power of both in order to show how we might achieve our fullest potential.

William Pullen is the founder of Dynamic Running Therapy and a psychotherapist registered with the British Association for Counselling and Psychotherapy. He has featured in publications such as *Vogue*, *The Independent* and *GQ*.

5 January 2017 | Editor: Emily Robertson for Penguin Life | 240 pages  
Translation Rights: Penguin UK | US Rights: Penguin UK



## SLEEP

Redefine Your Rest, for Success in Work,  
Sport and Life

Nick Littlehales

**Proven solutions for better nights, from  
the 'sleep guru' to sports stars, including  
Cristiano Ronaldo**

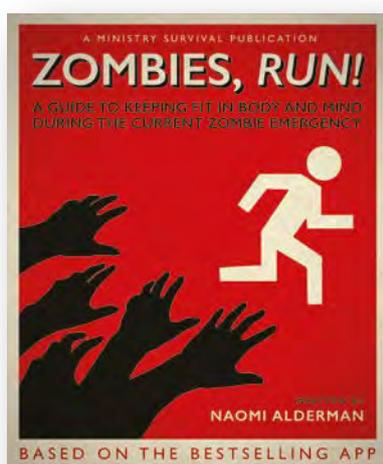
One third of our lives are spent trying to sleep. Most of us have disturbed, restless nights and rely on a cocktail of caffeine and sugar to drag us through the day. Yet the hours we spend in bed shape our mood, motivation and decision-making skills - defining our performance in work, at home and while keeping fit.

We need a new approach to sleep.

In this ground-breaking book, Nick Littlehales, elite sleep coach to some of the world's leading sports stars and teams, lays bare his strategies for us all to use. Discover how to map your own sleep cycle, what the optimum room temperature is, which bedding is best and why napping is actually good for you. Read *Sleep*, learn from the best in sport, and kickstart a more confident, successful and happier you.

Nick Littlehales is the leading elite sport sleep coach to the biggest names in the sporting world, including British Cycling & Team Sky's recording-breaking cyclists, top Premiership and international football teams and players, Rugby Union and Rugby League, and Olympic and Paralympic athletes from rowing, sailing, marathon, triathlon, swimming, Winter sports and athletics. He has 30 years of experience in the world of sleep science, and has spent 16 years working with elite athletes. His website is: [www.sportsleepcoach.com](http://www.sportsleepcoach.com).

27 October 2016 | Editor: Joel Rickett for Penguin Life | 176 pages  
Translation Rights: Penguin UK | US Rights: Penguin UK



## ZOMBIES, RUN!

A Guide to Keeping Fit in Body and Mind  
During the Current Zombie Emergency  
Naomi Alderman

**Based on the bestselling app *Zombies, Run!*; this is a fun and immersive way to motivate you to get moving**

It has been three years since the start of the zombie apocalypse and, although we have all lost a lot, we are surviving. Together we will overcome the outbreak but we need every man, woman and child to do their bit. This is an informational guide to help you stay fit during the crisis. We can become stronger. We can become fitter. And together we will survive.

Part fitness guide, part zombie adventure; *Zombies, Run!* is perfect if you're new to running, training for a marathon or simply want to shed a few pounds.

Naomi Alderman is the author of four novels. In 2006 she won the Orange Award for New Writers and in 2007 she was named *Sunday Times* Young Writer of the Year, as well as being selected as one of Waterstones' 25 Writers for the Future. All of her novels have been broadcast on BBC Radio 4's Book at Bedtime. In 2013 she was selected for the prestigious Granta Best of Young British Writers. In 2012 Naomi co-created the top-selling fitness game and audio adventure *Zombies, Run!* From 2004 to 2007 Naomi was lead writer on the alternate reality game *Perplex City*. She's written online games for Penguin, the BBC and other clients.

27 October 2016 | Editor: Emily Robertson for Penguin Life  
208 pages | 189 x 230mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## THE LITTLE BOOK OF HYGGE

Meik Wiking

**The definitive guide to the Danish wellbeing concept, *hygge*, from the CEO of the Happiness Research Institute in Copenhagen**

The Danish are famously the happiest people in the world and *hygge* is a cornerstone of their way of life. *Hygge* (pronounced Hoo-ga) loosely translates as a sense of comfort, togetherness and wellbeing. *Hygge* is the feeling you get when you are cuddled up on a sofa with a loved one, in knitted socks in front of the fire when it is dark and stormy outside. It is that feeling when you are sharing comfort food with your closest friends by candlelight. It is those crisp blue sky mornings when the light through your window is just right.

Based on years of research at the Happiness Research Institute, *The Little Book of Hygge* takes us through the concept with tips and ideas on how to be more *hygge*. From choosing the right lighting, to the clothes you wear, to throwing parties and decorating your home, *The Little Book of Hygge* contains everything you need to make your life *hygge* and to achieve greater happiness. The book will be highly designed, embracing iconic Scandinavian design, with illustrations and photography to create a *hyggeligt* (the adjective meaning something is *hygge*) book.

Meik Wiking is CEO of The Happiness Research Institute, Research Associate for Denmark at the World Database of Happiness, and Founding member of The Latin American Network for Wellbeing and Quality of Life Policies.

29 September 2016 | Editor: Emily Robertson for Penguin Life  
288 pages | 135 x 182mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## HYGGE

The Danish Art of Happiness

Marie Tourell Søderberg

**A beautifully-illustrated, authentically Danish guide to *hygge*, the Scandinavian lifestyle trend**

Combining mindfulness with the obsession for Scandi culture, everyone will be talking about *hygge* in autumn 2016. This Danish concept is all about focusing on the little things in life that bring you warmth and happiness, whether it's spending quality time with loved ones or creating a *hygge* atmosphere in your home. But *hygge* isn't a cliché about knitted jumpers and sitting around a fire - it's much more than that, and it has the power to change your life.

In *Hygge: The Danish Art of Happiness*, everyday Danes and experts share what *hygge* really means and how you can bring it into every aspect of your life. Fully illustrated throughout, the book contains delicious recipes, easy tweaks to your home interiors, and offers different ways to make time for '*hygge* moments' in a busy life. Publishing just before the clocks go back in late October, this book is the perfect antidote to those dark, shorter days when you need an inspirational pick-me-up. With a stand-out cover and cool Scandi design, it will also be a beautiful gift book and an ideal present for Christmas 2016.

Marie Tourell Søderberg is a Danish actress born in Copenhagen. She is a rising star of Nordic Noir whose credits feature stage, TV and film, including a leading role in historical epic *1864*. She is a *hygge* enthusiast and will be curating her first book on the topic with contributions from everyday Danes and experts. Marie is a charismatic and promotable figure who will inspire everyone to embrace a *hygge* lifestyle.

20 October 2016 | Editor: Fiona Crosby for Michael Joseph  
182 pages | 170 x 208 mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## BLITZED

Drugs in Nazi Germany

Norman Ohler

**A compelling and unique investigation into the murky, chaotic world of drug use in the Third Reich - from Hitler and his entourage to ordinary troops**

There have been other books on Hitler and Goering's self-medicating tendencies, but Ohler's book is the first to show how the entire Nazi regime took drugs - cocaine, heroin, morphine and methamphetamines - the last of these crucial to troops' resilience and partly explaining German victory in 1940.

According to Ohler, drugs cannot explain Third Reich ideology, however their promiscuous use impaired and confused decision-making. This had drastic effects on Hitler and his entourage, who, as the war turned against Germany, took refuge in ever more poorly understood cocktails of stimulants. This chemical euphoria changes how we should think about the Nazi high command and its ability to understand the situation it found itself in by 1944-5. As such, *Blitzed* will force a wider reinterpretation of several key events during the Second World War.

Norman Ohler was born in Germany in 1970 and is the author of *Die Quotenmaschine* (the world's first hypertext novel) and *Mitte and Stadt des Goldes*, as well as two novellas. He researched *Blitzed* in numerous archives across Germany and the US. The book was on the bestseller list in Germany for five weeks running, and rights have sold in Italy (Rizzoli), Netherlands (Luitingh Sijthoff), Brazil (Planeta), Czech Republic (Host), Finland (Like), France (La Découverte), Russia (Eksmo), Slovakia (Ikar), Spain (Planeta/Crítica), Norway (Spartacus), Sweden (Lind & Co), Poland (Poznanskie), Spain (Planeta) and Turkey (CAN).

6 October 2016 | Editor: Simon Winder for Allen Lane | 272 pages  
Translation Rights: Kiepenheuer & Witsch | US Rights: Penguin UK



## NATIVE LANDS

### A Global Journey into History and Memory

Norman Davies

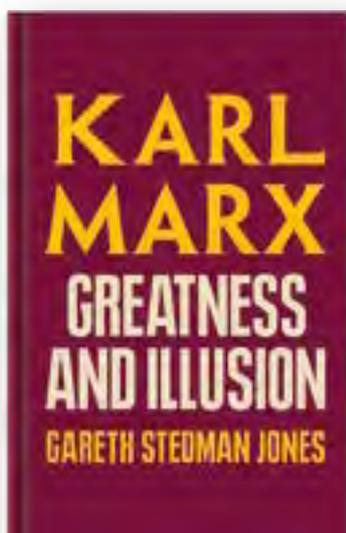
#### **Where have the people in any particular place actually come from?**

In 2012, Norman Davies set off on a global circumnavigation. Sixteen of the eighteen chapters in *Native Lands* explore the history of the places he visited and the history he found there, from Abu Dhabi to Singapore, the settlement of Tasmania to the short-lived Republic of Texas.

As in his previous book, *Vanished Kingdoms*, Davies's historical gaze penetrates behind the present to see how things became as they are, and how peoples came to tell themselves the stories which make up their identities. Everywhere, it seems human beings have been travelling - pushing out others or arriving in terra nullius - since the beginning of recorded time. To whom is a land truly native? As always, Norman Davies has his eye on the historical horizon as well as on what is close at hand, and brilliantly complicates our view of the past.

Norman Davies was for many years Professor of History at the School of Slavonic Studies, University of London. Amongst other titles, he is the author of the acclaimed *Vanished Kingdoms: The History of Half-Forgotten Europe* (2011) and the **number one** bestseller *Europe: A History* (1996). From 1997 to 2004 he was Supernumerary Fellow of Wolfson College, Oxford. He is now Professor at the Jagiellonian University at Kraków, an Honorary Fellow of St Antony's College, Oxford and a Fellow of the British Academy. He lives in Oxford and Kraków.

3 November 2016 | Editor: Stuart Proffitt for Allen Lane  
656 pages | Illustrations: 4x8pp colour insets and 15-25 maps  
Translation Rights: Penguin UK (excluding Poland) | US Rights: David Godwin Associates



## KARL MARX

A Life

Gareth Stedman Jones

**A towering intellectual biography which allows us to understand both the greatness and the illusion that lie at the heart of an extraordinary man**

As the nineteenth century unfolded, its inhabitants had to come to terms with an unparalleled range of economic, political, religious and intellectual challenges. Distances shrank, new towns sprang up and new inventions transformed the industrial landscape. In the shocked aftermath of the Battle of Waterloo, a European-wide argument began about the industrial transformation in England, the Revolution in France and the hopes and fears generated by these events.

One of the most distinctive and arresting contributions to this debate was made by Karl Marx, the son of a Jewish convert in the Rhineland and a man whose entire life was devoted to making sense of the puzzles and paradoxes of the nineteenth century world. It was an era dominated by new ideas about God, human capacities, empires and political systems - and above all, the shape of the future. In a world where things were changing so fast, would the coming age belong to those enthralled by the revolutionary events and ideas which had brought this world into being, or to those who feared and loathed it?

Gareth Stedman Jones is currently Professor of the History of Ideas at Queen Mary, University of London. He is a Fellow of King's College, Cambridge and taught at the university for many years, becoming Professor of Political Science in 1997. He is the author of *Outcast London*, *Languages of Class* and *An End to Poverty?* and edited the Penguin Classics edition of *The Communist Manifesto*.

25 August 2016 | Editor: Simon Winder for Allen Lane  
800 pages | Illustrations: 2x8pp B&W inset and 4 maps  
Translation Rights: Penguin UK | US Rights: Harvard University Press  
Rights sold: Germany (Fischer), Netherlands (Unieboek), Norway (Cappelen Damm), Italy (Einaudi)



## BE LIKE THE FOX

Erica Benner

**A fascinating new biography of Machiavelli, which explores his true character and contradictions as never before**

Niccolò Machiavelli lived in times when a new princely dynasty - the super-wealthy Medici - threatened the survival of freedom in his native Florence. He and his contemporaries faced a choice: should they capitulate to Medici money and power, or fight to save the republic?

*Be Like the Fox* follows this dramatic struggle through Machiavelli's eyes. Erica Benner uses his own words and reports of his conversations with famous leaders - Caterina Sforza, Louis XII, Cesare Borgia - to let us hear his uniquely perceptive, often comical, and almost always surprising comments on events.

Confounding his reputation as an amoral pragmatist, Machiavelli emerges as his era's staunchest champion of freedom, a man who refused to compromise his ideals to fit corrupt times. But he did sometimes have to mask his true convictions. *Be Like the Fox* shows how, putting his diplomatic and literary talents to good use, Machiavelli became a great artist of fox-like dissimulation.

Erica Benner is Fellow in Ethics and Political Philosophy at Yale University, and previously taught at Oxford and the London School of Economics.



## GASTROPHYSICS

### The Science of Dining

Charles Spence

**A ground-breaking science book by the world-leading expert in multisensory perception**

Why do we consume 35% more food when eating with one other person, and 75% more when dining with three? How do we explain that people who like strong coffee drink more of it under bright lighting? Why are 27% of all drinks ordered on aeroplanes tomato juice?

The answer is gastrophysics, the new area of sensory science pioneered by Oxford Professor, Charles Spence. Now he's stepping out of his lab to lift the lid on the entire eating experience - the weight of cutlery, the colour of the plate, background noise - and tap into its true potential. Whether dining alone or at a dinner party, in a restaurant or even in space, he reveals how to understand what we're tasting and influence what others experience - providing takeaways we can all savour.

Professor Charles Spence is the head of the Crossmodal Research Laboratory at Oxford University, specialising in applied cognitive psychology, consumer psychology and sensory marketing. He has consulted for a number of multinational companies, including Toyota and ICI, on sensory stimulation projects. Charles was awarded the IG Nobel prize for nutrition for his groundbreaking work on the 'sonic crisp!' demonstrating how a louder crunch makes a crisp seem fresher. He sits on the scientific advisory board of PepsiCo and his book, *The Perfect Meal*, won the 2015 Popular Science Prose Award.

4 May 2017 | Editor: Daniel Crewe for Viking | 256 pages  
Translation Rights: Penguin UK | US Rights: Penguin UK



## LIQUID

Mark Miodownik

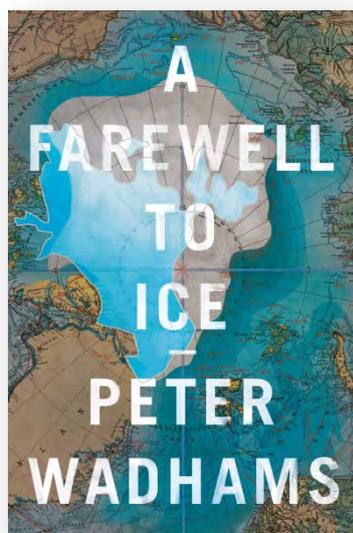
**Sometimes explosive, often delicious, occasionally poisonous, but always interesting: the secret lives of liquids from one of our best-known scientists**

We all know that without water, we couldn't survive - and sometimes that cup of tea or glass of wine feels as vital as the blood running through our veins. But do we really understand how much we rely on liquids - and the destructive power they hold?

From the bestselling author of *Stuff Matters* comes a fascinating tour of the world of these formless substances - told through the language of molecules, droplets, heart beats and ocean waves. Liquids are agents of death and destruction, as well as substances of wonder and fascination, and - just as in *Stuff Matters* - Miodownik's unique brand of scientific storytelling brings them and their mysterious properties alive in a captivating new way.

Chosen by *The Times* as one of the 100 most influential scientists in the UK, Mark Miodownik is Professor of Materials and Society at University College London, where he is also Director of the Institute of Making. He presents BBC TV programmes on science and engineering and writes regularly for the *Guardian* and *Observer*. He is the author of the book *Stuff Matters*, a *New York Times* bestseller which won the Royal Society Winton Prize. Rights for *Stuff Matters* have sold in 18 territories.

1 June 2017 | Editor: Daniel Crewe for Viking | 320 pages  
Translation Rights: Penguin UK | US Rights: Houghton Mifflin Harcourt  
Rights sold: Brazil (Blucher), Taiwan (Commonwealth Publishing), Korea (MID), Italy (Bollati Boringhieri), Japan (Intershift), China (United Sky)



## A FAREWELL TO ICE

Peter Wadhams

**A captivating guide to the past, present and future of sea ice: ‘the amazing crystal’ that plays a vital role in regulating our planet**

What is really happening in the Arctic regions of the world - some of the most mysterious, beautiful and essential places on the planet?

Peter Wadhams is Professor of Ocean Physics at Cambridge University and the world's leading expert on sea ice, having made forty-five journeys to polar regions during his professional life. This book examines the natural properties of sea ice, explaining how it is able to act as an air and water cooling system for our oceans. It gives a brief history of ice on our planet and explains what is happening to it now. Using the latest research from the Arctic Ocean, he shows that change is occurring much faster than previously predicted – and the implications for our world are immense.

Peter Wadhams is Head of the Department of Applied Mathematics and Theoretical Physics at the University of Cambridge and is now Professor of Oceanography, having also served as a Senior Research Fellow at Churchill College, Cambridge from 1983 to 1993. He made his first visit to the Arctic on board the HM submarine ‘Oracle’ in 1971, and has since made forty-four further journeys. In 1987, he was awarded the Polar Medal by the Queen.

1 September 2016 | Editor: Stuart Proffitt for Allen Lane | 208 pages  
Translation Rights: Penguin UK | US Rights: Penguin UK | Illustrations: 1x8pp colour inset



## THE NOVEL OF THE CENTURY

### The Exciting Adventure of Les Misérables

David Bellos

**From manga to emojis, the fascinating story behind the world's most adapted novel**

Putting a century of scholarship into narrative form, this new approach to a classic of world literature is written for a global readership.

Packed full of information about the book's background and design, *The Novel of the Century* brings to life the extraordinary story of how Victor Hugo managed to write his novel of the downtrodden despite a revolution, a coup d'état and political exile; how he pulled off the deal of the century to get it published, and set it on course to become the novel that epitomizes the grand sweep of history in the nineteenth century. Yet this biography of a masterpiece also shows how and why the moral and social message of the novel remains full of meaning for our time.

David Bellos is a well-known translator of modern French fiction and the author of several prize-winning biographies of French literary figures. His irreverent study of translation, *Is That a Fish in Your Ear?* (2011) was a runner-up for the *Los Angeles Times* book prize and has itself been translated into Korean, Spanish, German, French, Greek and Japanese. He teaches French and Comparative Literature at Princeton University and holds the rank of Officier des Arts et des Lettres.



## MEETINGS WITH REMARKABLE MANUSCRIPTS

Christopher de Hamel

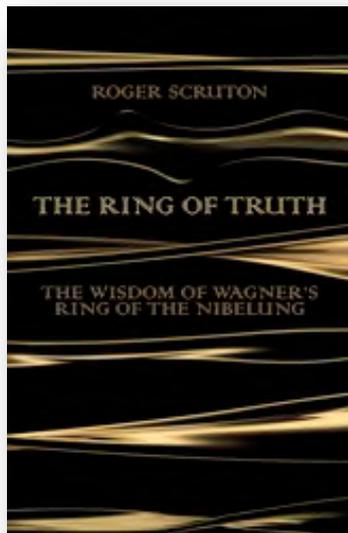
**Witty, elegant and engrossing, this book plunges us into the medieval world like no other**

Coming face to face with an important illuminated manuscript in the original is rather like meeting a very famous person. We may all pretend that a well-known celebrity is no different from anyone else, and yet there is an undeniable thrill in actually meeting and talking to a person of world stature. This is a book about why medieval manuscripts matter.

*Meetings with Remarkable Manuscripts* invites the reader to accompany the author on exclusive private visits to a dozen very varied collections, in different parts of the world, to discover twelve great manuscripts and to explore their historical and intellectual significance. This book engages the reader into an intimate conversation with a selection of the most famous manuscripts in existence, and to let each of those manuscripts illuminate the Middle Ages and sometimes the modern world too.

In the course of a long career at Sotheby's auction house, Christopher de Hamel has probably handled and catalogued more illuminated manuscripts than any person ever living. Since 2000, he has been Fellow and Librarian of Corpus Christi College, Cambridge. The Parker Library, in his care, includes many of the earliest manuscripts in English language and history. He is a Fellow of the Society of Antiquaries and the Royal Historical Society.

1 September 2016 | Editor: Stuart Proffitt for Allen Lane  
560 pages | Illustrations: Full colour with 250-300 images and maps  
Translation Rights: Penguin UK | US Rights: Penguin Press  
Rights sold: Germany (C Bertelsmann), Italy (Mondadori), Brazil (Companhia)



## THE RING OF TRUTH

The Wisdom of Wagner's Ring of the Nibelung

Roger Scruton

**An exploration of the beauty and symbolism of perhaps the greatest operative work by one of our most respected philosophers**

Richard Wagner's Ring of the Nibelung is one of the greatest works of art created in modern times, and has fascinated both critics and devotees for over a century and a half. *The Ring of Truth* is an exploration of the drama, music, symbolism and philosophy of the Ring from a writer whose knowledge and understanding of the Western musical tradition are the equal of his capacities as a philosopher.

Scruton shows how, through musical connections and brilliant dramatic strokes, Wagner is able to express truths about the human condition which few other creative artists have been able to convey so convincingly. For Wagner, writes Scruton, the task of art is to 'show us freedom in its immediate, contingent, human form, reminding us of what it means to us. Even if we live in a world from which gods and heroes have disappeared, we can, by imagining them, dramatize the deep truths of our condition and renew our faith in what we are.'

Roger Scruton is a writer and philosopher who has held positions at the University of London, Oxford, Boston and St Andrews, and who has written widely on art, architecture, music and aesthetics. His books include his now classic *Short History of Modern Philosophy* (1981), *The Aesthetics of Music* (1997), *Death-Devoted Heart: Sex and the Sacred in Wagner's Tristan and Isolde* (2004), *Fools, Frauds and Firebrands* (1985, republished 2015), an examination of the New Left and its influence on intellectual life in Europe and America. He is a Fellow of both the British Academy and the Royal Society of Literature.

30 June 2016 | Editor: Stuart Proffitt for Allen Lane | 368 pages  
Translation Rights: Penguin UK | US Rights: Penguin UK



## THE LANGUAGE OF CITIES

Deyan Sudjic

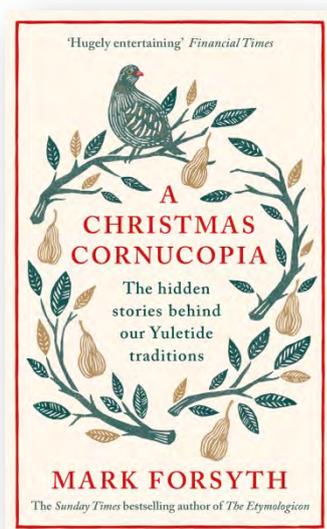
**The director of the Design Museum defines the greatest artefact of all time: the city**

We live in a world that is now, in the majority, urban. So how do we define the city as it evolves in the twenty-first century?

Drawing examples from across the globe, Deyan Sudjic decodes the underlying forces that shape our cities, such as resources and land, to the ideas that shape conscious elements of design, whether of buildings, or space. Erudite and entertaining, he considers the differences between capital cities and the rest to understand why it is that we often feel more comfortable in our identities as Londoners, Muscovites or Mumbaikars than in our national identities.

Deyan Sudjic is Director of the Design Museum. He was born in London, and studied architecture in Edinburgh. He has worked as a critic for the *Observer* and the *Sunday Times*, as the editor of *Domus* in Milan, as the director of the Venice Architecture Biennale, and as a curator in Glasgow, Istanbul and Copenhagen. He is the author of *B is for Bauhaus*, *The Language of Things* and *The Edifice Complex*, and his work has been translated into 10 languages.

27 October 2016 | Editor: Helen Conford for Allen Lane  
256 pages | Illustrations: B&W integrated images  
Translation Rights: Penguin UK | US Rights: Penguin UK



## A CHRISTMAS CORNUCOPIA

The hidden stories behind our Yuletide traditions

Mark Forsyth

### The unpredictable origins and etymologies of our cracking Christmas customs

For something that happens every year of our lives, we really don't know much about Christmas. We don't know that the date we celebrate was chosen by a madman, or that Christmas, etymologically speaking, means 'Go away, Christ'. Nor do we know that Christmas was first celebrated in 243 AD on 28 March - and only moved to 25 December in 354 AD. We're oblivious to the fact that the advent calendar was actually invented by a Munich housewife to stop her children pestering her for a Christmas countdown. And we would never have guessed that the invention of crackers was merely a way of popularizing sweet wrappers.

Luckily, like a gift from Santa himself, Mark Forsyth is here to unwrap this fundamentally funny medley of traditions and oddities, making it all finally make sense - in his wonderfully entertaining wordy way.

Born in London in 1977, Mark Forsyth, who blogs as 'The Inky Fool', was given a copy of the Oxford English Dictionary as a christening present and has never looked back. His book *The Etymologicon* was a *Sunday Times* **number one** Bestseller, and his TED Talk 'What's a snollygoster?' has had more than half a million views. He has also written a specially commissioned essay 'The Unknown Unknown: Bookshops and the Delight of Not Getting What You Wanted' for Independent Booksellers Week and the introduction for the new edition of the Collins English Dictionary. He lives in London with his dictionaries and blogs at <http://blog.inkyfool.com>.

24 November 2016 | Editor: Daniel Crewe for Viking | 160 pages  
Translation Rights: Penguin UK | US Rights: Penguin UK



## THE WEEKEND BAKER

Paul Hollywood

**The brand new cookery book from Britain's favourite baker, Paul Hollywood**

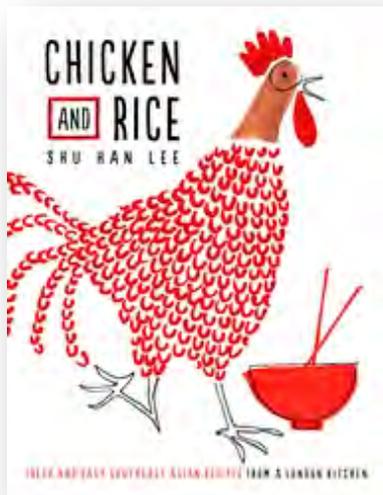
Paul Hollywood's new book takes the reader on a foodie journey, exploring over one hundred sweet and savoury recipes inspired by Paul's travels to ten cities across the world – Madrid, Naples, Paris, London, Copenhagen,

Munich, Miami, New York, Warsaw and St. Petersburg.

From madeleines to foccacia, caprese cake to chelsea buns and zwiebelkuchen to marble bundt cake, take some weekend time out in the kitchen and bake the world with Paul to uncover some new favourites. The book will be supported by a new primetime television series on Food Network called Paul's City Bakes.

Having held the position of Head Baker at exclusive establishments such as Cliveden, Chester Grosvenor and The Dorchester, Paul began his media career in 2002. He has judged The Great British Bake Off alongside Mary Berry since its creation, with the most recent series' finale receiving over 15 million viewers. The show is now viewed in more than 18 countries around the world, including the US and Australia. Paul makes regular contributions to *The Telegraph*, *Olive* and *Waitrose Magazine*, and has written for both *The Observer* and *The Daily Mail*. This is his sixth book. He was previously published by Bloomsbury.

19 May 2016 | Editor: Lindsey Evans for Michael Joseph  
288 pages | 246 x 189mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## CHICKEN AND RICE

Fresh and Easy Southeast Asian Recipes  
from a London Kitchen

Shu Han Lee

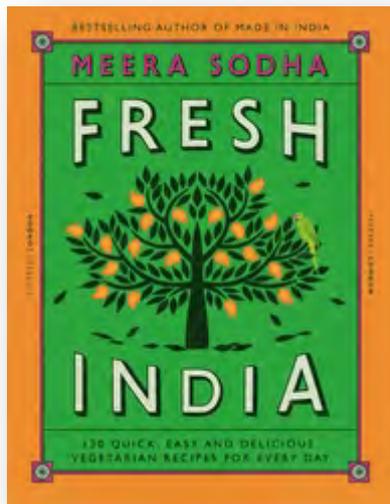
### **A simple, delicious and seasonal Southeast Asian cookbook**

When Shu Han Lee moved from Singapore to London she was just eighteen, and homesickness inspired her to start cooking the food she remembered her mother making. A popular food blog ‘Mummy, I Can Cook’ ([www.mummyicancook.com](http://www.mummyicancook.com)), lots of travelling and a series of pop-up food events inspired her to develop her repertoire into other cuisines of Southeast Asia, from Thailand to the Philippines. This book is the result: combining quirky illustrations and beautiful photography with a clean, fresh design.

The recipes range from Hainanese chicken and Vietnamese vegetable summer rolls, to steamed pork belly buns and BBQ sambal lemon sole - all simple to prepare and with unforgettable flavours.

Shu Han Lee is a graphic designer and freelance food stylist, writer and cook. *The Sunday Times* named her as one of Britain’s best food bloggers. She has over 40,000 Instagram followers and frequently hosts supper clubs, pop-ups and workshops. *Chicken and Rice* is her first book.

5 May 2016 | Editor: Juliet Annan for Fig Tree  
288 pages | 230 x 190mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK  
Rights sold: Germany (DuMont), Netherlands (De Fontein)



## FRESH INDIA

130 Quick, Easy and Delicious Recipes  
for Every Day

Meera Sodha

### **Meera Sodha's eagerly awaited vegetarian Indian cookbook**

With over 500 million non-meat eaters, India is the best place for vegetarian food on this earth - and previous cookbooks have barely scratched the surface. All the food in *Fresh India* is fresh, quick to cook and flavour-packed, with ingredients available from your local supermarket. Recipes include butternut squash kebabs, pomegranate and onion seed parathas, beetroot pachadi, cashew and lemon rice, fresh coconut chutney and so much more. People know they ought to be eating more vegetables, and love Indian food, but have historically been a bit scared of cooking both. This book shows how easy and exciting vegetarian Indian food can be.

When not travelling round India collecting recipes, Meera Sodha chefs, writes and lives in London. Her first book, *Made In India*, was shortlisted for the 2014 André Simon Awards and was a *Sunday Times* bestseller. Rights have sold in the US (Macmillan), Germany (Dorling Kindersley) and the Netherlands (Fontaine).

Praise for *Made in India*:

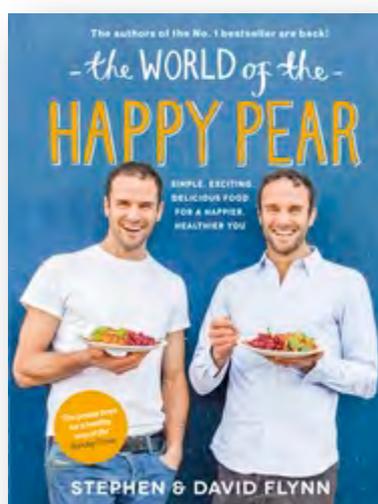
'Wonderful, vibrant...deeply personal food, alive and authentic - the best sort - and, frankly, I want to cook everything in this book'

Nigella Lawson

'This book is full of real charm, personality, love and garlic. [...] There's so much to be inspired by'

Yotam Ottolenghi

7 July 2016 | Editor: Juliet Annan for Fig Tree  
320 pages | 246 x 189mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## THE WORLD OF THE HAPPY PEAR

David and Stephen Flynn

**More fantastic recipes and wisdom from the number one bestselling authors of the acclaimed vegetarian hit, *The Happy Pear***

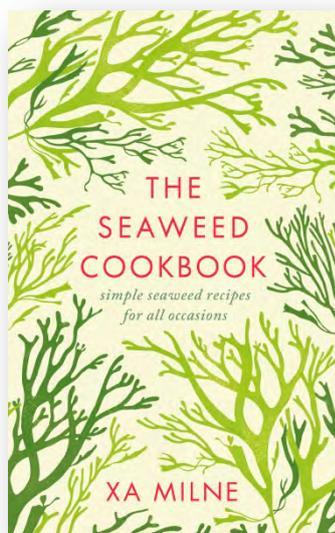
David and Stephen Flynn put fun, deliciousness and friendship at the heart of their cooking. By showing that vegetarian food is endlessly varied, packed full of flavour and amazingly easy to prepare they want to spread the love for fruit and veg!

*The World of the Happy Pear* is inspired by David and Stephen's family, friends and the international team at their legendary café. It includes over 100 mouth-watering and easy recipes, such as grilled halloumi burger with sweet chilli ketchup & garlic tahini mayo, fennel, ruby grapefruit, avocado & blueberry salad and a chocolate & salted caramel tart. There is also advice on getting children to love the stuff that's good for them and top tips on the tasty vegetarian approach to everything, from BBQs and burgers to ice cream and Pavlova.

Become part of the world of the Happy Pear and discover a feast of healthy yummy food that will transform your eating!

Until well into their twenties, Irish twins David and Stephen Flynn were typical meat-eating, pint-swilling, girl-chasing jocks. Until - entirely independently - they tried a vegetarian diet. It transformed their lives. They developed a passion for good food and health that was both addictive and utterly infectious. The Happy Pear café, shop and brand have become iconic and their food has an ever-growing legion of fans with a huge social media following. They are also part of Jamie Oliver's Food Tube community. Their first cookbook, *The Happy Pear*, was a **number one** bestseller in Ireland and has sold over 80,000 copies.

2 June 2016 | Editor: Patricia Deevy for Penguin Ireland  
272 pages | 232 x 170mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## THE SEAWEED COOKBOOK

Xa Milne

### **Delicious seaweed-inspired recipes from this on-trend ingredient**

Offering both nutritional information and delicious recipes, *The Seaweed Cookbook* is the perfect guide for anyone tempted by this increasingly popular ingredient.

The original superfood, seaweed, offers the broadest range of minerals of any food on the planet and its health benefits are endless. An excellent source of iodine, vitamin C, protein, iron and potassium, seaweed also tastes delicious. From kale chips with seaweed and dulse with potato and haddock, to frozen fruit with white chocolate and shony topping, Xa Milne offers simple seaweed inspired recipes for all occasions.

Xa Milne has been involved in the seaweed industry since 2008 and is co-founder of the fast-growing Edinburgh-based company, Mara Seaweed. Her first book, *Seaweed and Eat It*, was published in 2008. Xa also previously wrote a column in the *Telegraph Weekend*.

11 August 2016 | Editor: Lindsey Evans for Michael Joseph  
256 pages | 216 x 135mm | Illustrations: 3x8pp colour inset  
Translation Rights: Penguin UK | US Rights: Penguin UK



## NADIYA'S KITCHEN

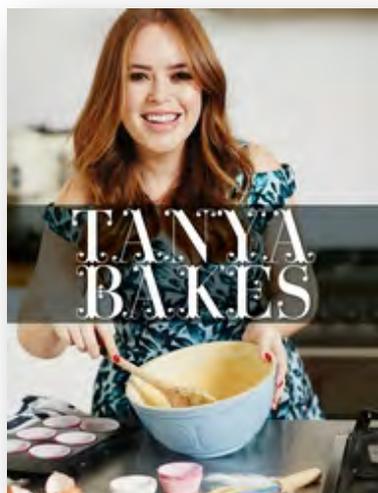
Nadiya Hussain

**The first book from *The Great British Bake Off* sensation and national sweetheart, Nadiya Hussain**

Having fallen in love with Nadiya and her outstanding bakes on last year's *Great British Bake Off*, readers can now discover all her favourite recipes. With chapters ranging from *Lazy Sunday Mornings* to *Midnight Feasts*, *Snacks and Sharing* to *Dessert for Dinner*, there's a dish for any time of the day, for all of the family. She offers innovative twists on traditional classics and the perfect recipe for staple meals and bakes such as best fish finger butty, churros French toast, Bengali korma and sour cherry & almond bundt cake.

Over 14 million people tuned in to see Nadiya win 2015's *Great British Bake Off*, where she has captured the heart of the nation. A columnist for *The Times* and *Essentials*, Nadiya is also a regular reporter for *The One Show* on BBC One. Born in Luton, she lives with her husband, Abdal, and her three gorgeous children. *Nadiya's Kitchen* is her first cookbook.

16 June 2016 | Editor: Lindsey Evans for Michael Joseph  
320 pages | 246 x 189mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## TANYA BAKES

Tanya Burr

**YouTUBE vlogging sensation Tanya Burr shares all her favourite cakes, bakes and sweet treats**

Following the phenomenally successful *Love, Tanya*, Tanya Burr is back with her very first cookbook. In *Tanya Bakes*, she shares her passion for baking along with all her favourite recipes. As well as cakes and bakes, readers will

love Tanya's delicious and simple puddings, loaves and pastries.

From everyday staple bakes to sweet treats for special occasions, Tanya's got the perfect recipe every time. Recipes include Tanya's ultimate celebration cake, banoffee pie, salted caramel cheesecake and rhubarb and custard muffins; so make yourself at home in the kitchen with Tanya and treat yourself, your friends and family to something delicious!

25-year-old Tanya is the UK's leading beauty, fashion and lifestyle vlogger. With nearly 3.5 million subscribers and 15 million monthly views, she's a Youtube sensation with her own Superdrug make-up range.

30 June 2016 | Editor: Fenella Bates for Michael Joseph  
304 pages | 228 x 170mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## BABY AT THE TABLE

Michela Chiappa

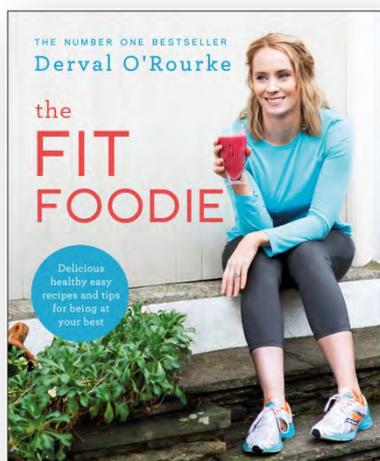
**Fuss-free recipes for baby weaning, feeding your toddler and eating together as a family**

In *Baby at the Table*, mother-of-two Michela Chiappa offers practical, healthy solutions for the busy parent. Using minimal ingredients, taking minimal time and making minimal mess, Michela creates inexpensive and nutritious meals for all the family.

From no-cook purées to picky eater treats and five minute meals, this book is ideal for parents with babies starting on solids, tricky toddlers and anyone working towards that (often elusive) evening meal which can be enjoyed by the whole family.

Having travelled the world while working for a sports management agency and now as mother to her two young daughters, Michela has become an expert in quick dinner fixes. She has a keen understanding of what every busy parent needs in order to feed their children quick, healthy meals and how to start the weaning journey successfully without creating picky eaters. She has been voted one of the UK's top 15 parenting vloggers and is the current face and main presenter of the baby weaning section of Jamie Oliver's Family Food Tube channel. She is also the author of *Simply Italian*, published in 2014, and a regular contributor to *Grazia* magazine. Michela has presented a television series for Channel 4 about cooking with pasta, and her new show *Michela's Tuscan Kitchen* is about to air on Foxtel in Australia.

8 September 2016 | Editor: Lindsey Evans for Michael Joseph  
336 pages | 246 x 189mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## THE FIT FOODIE

Derval O'Rourke

**Be at your best with fabulous, simple healthy recipes and top tips for keeping fit, from a former elite athlete**

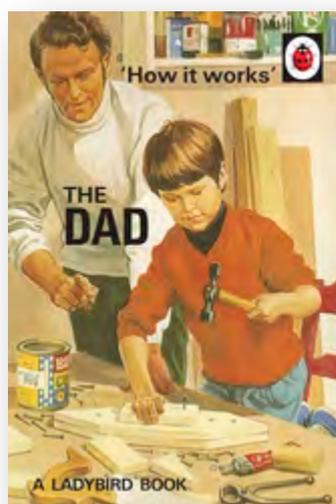
Derval O'Rourke believes that the secret to being your healthiest, happiest self is to eat well and keep moving. Derval discovered the importance of nutrition as an elite athlete.

After a poor performance in the 2004 Olympics she learned about food, fell in love with cooking, and then won a world title in her sport - hurdling. She believes eating well made all the difference to her form.

Now that Derval is retired from athletics and is a busy young mum, her focus is on fitting exercise and healthy, pleasurable eating into a hectic schedule. *The Fit Foodie* is full of simple, delicious and totally doable recipes, such as laid-back lamb tagine, Mediterranean salmon and spaghetti, butternut and bean stew, almond, hazelnut and pine nut bread and a stunning chocolate fondant cake. Derval also shares smart and inspiring advice on how to get organised so that good food and exercise are a seamless part of your life.

Derval O'Rourke is a former World Champion hurdler, European medallist and three times Olympian. She now works with Munster Rugby as a player development manager. Her first book, *Food for the Fast Lane*, was a **number one** bestseller in Ireland.

4 August 2016 | Editor: Patricia Deevy for Penguin Life  
224 pages | 188 x 240mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## HOW IT WORKS: THE DAD

Jason Hazeley & Joel Morris

### Spoof Ladybird books for grown-ups

This delightful book is the latest in the series of Ladybird books which have been specially planned to help grown-ups with the world about them.

The large clear script, the careful choice of words, the frequent repetition and the thoughtful matching of text with pictures all enable grown-ups to think they have taught themselves to cope.

All the books feature original Ladybird artwork alongside brilliantly funny, brand new text. The other books in the series are: *The Ladybird Book of Mindfulness*, *The Ladybird Book of the Hangover*, *The Ladybird Book of Dating*, *The Ladybird Book of the Shed*, *The Ladybird Book of the Hipster*, *The Ladybird Book of the Mid-Life Crisis*, *How it Works: The Husband*, *How it Works: The Wife* and *How it Works: The Mum*.

In the run up to Christmas last year, the first eight books in the series **dominated the *Sunday Times* non-fiction top 10 bestseller chart**. They have now sold over **1.6 million copies** across all titles. The most recently published title, *How it Works: The Mum*, sold over 100,000 copies in just six weeks.

Jason Hazeley is the co-writer of *The Framley Examiner* and the bestselling *Bollocks to Alton Towers*. Along with Joel Morris, he has written for a number of hugely popular radio and TV comedy shows including Charlie Brooker's *Screenwipe*.

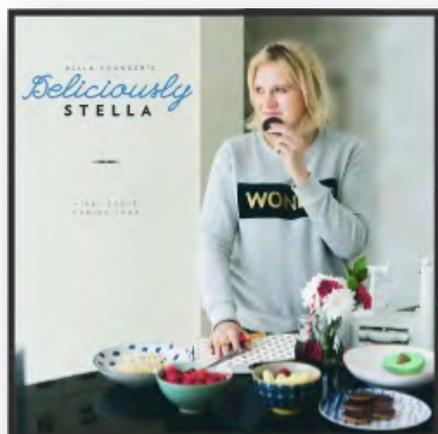
19 May 2016 | Editor: Rowland White for Michael Joseph

56 pages | Illustrations: Full colour

Translation Rights: Penguin UK | US Rights: Touchstone/Fireside

Rights sold: Germany (Bastei Lübbe), Italy (Vallardi), Spain (DeBolsillo), Norway (Pantagruel),

France (Poche), Finland (Atena Kustannus), Poland (K.E. Liber), China (Citic), Estonia (Tanapaev)



## BELLA YOUNGER'S DELICIOUSLY STELLA

Bella Younger

**Instagram phenomenon Deliciously Stella shows you how to eat well and live well to achieve the #wokeuplikethis natural glow**

Deliciously Stella is the world's latest Instafoodie to take the chia seed-eating yoga-pant-wearing health world by storm. Here she tells all on how to get that elusive glow without breaking sweat and shares the #cleaneating life hacks she swears by to achieve a #strongnotskinny look and a #blessed outlook on life.

Deliciously Stella is not your average superfoodie; she would rather turn her pictures upside down than brave a headstand and she thinks that Fruit Pastilles are one of your five-a-day. She's not a chef or a nutritionist, but in this day and age who needs to be? Anything can be a recipe if you put the right filter on it.

Her first book is packed full of recipes, words of inspiration and yoga poses to help you #gettheglow in the time it takes you to massage your kale. This book will leave you feeling energised, happy and ready to hashtag your way back to health.

Bella Younger is a Hackney-based comedian who started her viral Instagram account, Deliciously Stella, as a reaction to the endless shots of people doing yoga on the beach and baking vegetables masquerading as cakes. She was named by *Glamour* magazine as one of the top eight comedians to see at Edinburgh Fringe 2015 and the *Evening Standard* named her one of the most influential people in London. Her Twitter handle is @deliciouslystella.

8 September 2016 | Editor: Emily Robertson for Viking  
160 pages | 178 x 178mm | Illustrations: Full colour  
Translation Rights: Penguin UK | US Rights: Penguin UK



## THE MAGICAL JOURNEY

A Colouring Book

Lizzie Mary Cullen

**A brand new colouring book for adults from an international colouring star**

Join Lizzie Mary Cullen on a magical expedition around the world.

For the past few months, Lizzie has been travelling the world, exploring some of our planet's most beautiful landscapes and fascinating cities. Inspired by the places she discovered, she has created a stunning new colouring adventure.

This is an epic trip that will transport you from the depths of the Brazilian rainforest to the dizzying heights of the New Zealand mountains. Join Lizzie and faithful friend, Paddy the Pug, as they trek, fly, sail and swim through the wonders of the world, discovering hidden objects along the way.

Lizzie Mary Cullen is a multi-award-winning illustrator, speaker and artist based in London. Since graduating from Goldsmiths College, her psychogeographic maps and urban ink illustrations have been exhibited all around the world. She has gained a cult following for her distinctive, swirling pen-and-ink drawings and hugely popular colouring books for adults, *The Magical City* and *The Magical Christmas*.

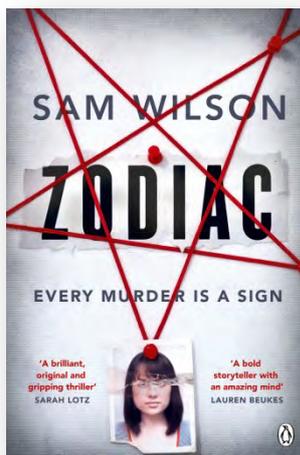
*The Magical City* has sold over 70,000 copies in the UK and has taken the world by storm having sold in 16 territories: Spain (Malpaso), Turkey (Pegasus), China (Ginkgo), Vietnam (Nha Nam), Bulgaria (Locus), Indonesia (PT Gramedia Pustaka), Norway (Fontini), Taiwan (Azoth Books), Russia (Alpina), Brazil (Companhia), Thailand (Nanmee), Japan (Gakken) Korea (Book 21), Italy (Newton Compton), Netherlands (Kosmos) and Czech Republic (Euromedia).

9 June 2016 | Editor: Fiona Crosby for Michael Joseph

96 pages | 250 x 250mm

Translation Rights: Penguin UK | US Rights: Penguin UK

## Recent Highlights



### ZODIAC Sam Wilson

A series of uniquely brutal murders targets victims from totally different walks of life. In a society divided according to Zodiac signs, those differences are cast at birth and binding for life.

All eyes are on Detective Jerome Burton and astrological profiler Lindi Childs, who will together unravel a dark tale of betrayal, lost love, broken promises and a devastating truth with the power to tear their world apart...

Michael Joseph | 25 August 2016 | 432 pp  
Rights sold: US (Pegasus), Spain (Planeta), Netherlands (House of Books), Germany (Blanvalet), Turkey (Destek), Italy (Rizzoli)

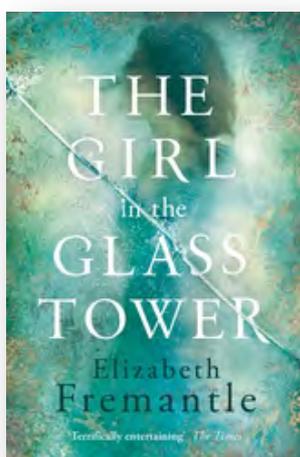


### MOSKVA Jack Grimwood

Christmas Eve 1985. The shaved, blood-drained body of a young man is found in Red Square; frozen solid - like marble to the touch.

Then Alex Marston, the 15-year-old daughter of the British Ambassador, disappears. Army Intelligence Officer Tom Fox, posted to Moscow to keep him from telling the truth to a government committee, begins to investigate...

Michael Joseph | 5 May 2016 | 480 pp  
Rights sold: US (Thomas Dunne Books), France (City), Czech Republic (Kniha Zlin)



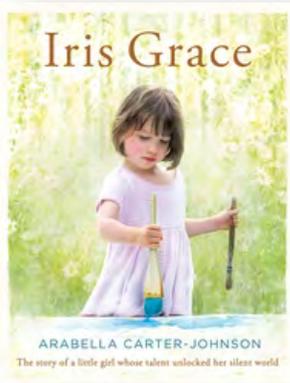
### THE GIRL IN THE GLASS TOWER Elizabeth Fremantle

Arbella Stuart is trapped behind the towering glass windows of Hardwick Hall. Kept cloistered from a world that is full of dangers for someone with royal blood. Half the country wish to see her on the throne and many others wish for her death, which would leave the way clear for her cousin James, the Scottish King.

Arbella longs to be free from her cold-hearted grandmother, but if she ever wishes to break free she must learn to navigate the treacherous game of power - or end up dead.

Michael Joseph | 2 June 2016 | 464 pp

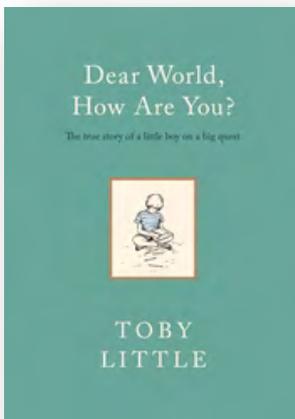
## Recent Highlights



### IRIS GRACE Arabella Carter-Johnson

Iris Grace is six years old and severely autistic. For the first few years of her life she barely communicated at all; trapped in her own world, unreachable. But when the family decided to get a cat, Thula, Iris began to open up, and her extraordinary painting talent emerged. Her mother tells her remarkable story.

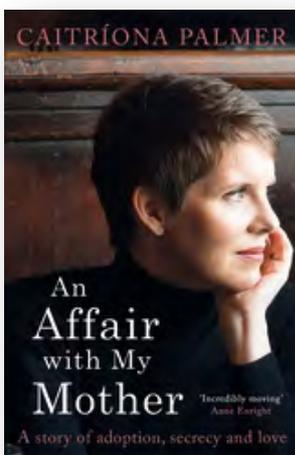
Michael Joseph | 25 February 2016 | 368 pp  
Rights sold: Thailand (Amarin), China (Thinkingdom Media), Korea (Bookhouse), Taiwan (Commonwealth Publishing), France (Presses de la Cité), Japan (Tatsumi), Italy (TEA), Germany (Bastei Luebbe), Portugal (Planeta), Netherlands (Kosmos), Poland (Nasza Ksiegarnia)



### DEAR WORLD, HOW ARE YOU? Toby Little

Two years ago, eight-year-old Toby decided he'd like to write to someone in every country, to find out more about the world we live in. With his mum's encouragement, he set about hand-writing letters to research scientists in Antarctica, game-keepers in Chad and to a very famous South African president to name a few. This is the charming true story of an inquisitive little boy, bringing together the huge variety of letters and photos that he received.

Michael Joseph | 24 March 2016 | 320 pp  
Rights sold: Taiwan (Faces), Germany (Bastei Luebbe), Brazil (Companhia), Portugal (Quinta Essencia), Spain (Malpaso)

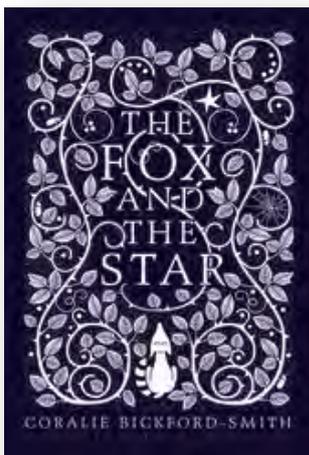


### AN AFFAIR WITH MY MOTHER Caitríona Palmer

Caitríona Palmer had a happy childhood in Dublin, raised by loving adoptive parents. When she was in her late twenties, she established contact with her birth mother, Sarah. They developed a close attachment, yet distressingly Sarah wished to keep Caitríona a secret from her family, friends and everyone she knew. *An Affair with My Mother* tells the story of Caitríona's quest to answer these questions, and of the intense, furtive 'affair' she and her mother conducted in carefully chosen locations around Dublin.

Penguin Ireland | 3 March 2016 | 256 pp

## Recent Highlights



### THE FOX AND THE STAR

Coralie Bickford-Smith

Once there was a Fox who lived in a deep, dense forest. For as long as Fox could remember, his only friend had been Star, who lit the forest paths each night. But then one night Star wasn't there, and Fox had to face the forest all alone.

*The Fox and the Star* is a beautiful work of prose and design, each page thoughtfully created by Coralie Bickford-Smith.

Particular Books | 27 August 2015 | 64 pp

Rights sold: US (Penguin), Romania (Litera), Spain (PRHGE), Taiwan (Suncolor), Italy (Salani), Korea (Sa Kye Jul), Germany (Suhrkamp), China (Xi-an Lelequ), Turkey (Timas), Netherlands (Christafoor)



### THE MAN WHO MADE THINGS OUT OF TREES

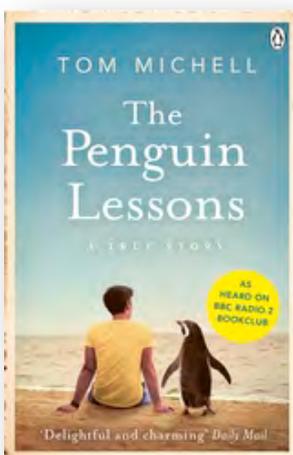
Robert Penn

Journeying from Wales across Europe and Ireland to the USA, Robert Penn chronicles how the urge to understand and appreciate trees still runs through us all like grain through wood.

"There is no greater debt than that which mankind owes to trees, and Robert Penn proves this brilliantly – a highly readable account of the multitude of uses one single ash tree can provide."---Lars Mytting, author of *Norwegian Wood*

Particular Books | 29 October 2015 | 240 pp

Rights sold: China (Guangxi), US (Norton), Slovakia (Premedia), Germany (Ullstein)



### THE PENGUIN LESSONS

Tom Michell

A heartwarming story of one remarkable penguin, rescued from an oil slick by schoolteacher Tom Michell and smuggled over the Argentinian border to a prestigious boarding school. Be it as team mascot or swimming coach extraordinaire - Juan Salvador the penguin transforms the lives of all he meets.

Michael Joseph | 5 November 2015 | 240 pp

Rights sold: 42 (Film rights), Japan (HarperCollins Japan), Russia (Eksmo), Poland (Literackie), Turkey (Pegasus), China (United Sky), Slovakia (Noxi), Czech Republic (Noxi), Serbia (Vulkan), Korea (Mirae N), Romania (Art), Portugal (ASA Leya), Sweden (Brombergs), Brazil (Rocco), Italy (Garzanti), Norway (Aschehoug), Spain (Plaza y Janes), US (Ballantine), Germany (Fischer), Thailand (The Post), Netherlands (De Bezige), France (Fleuve)

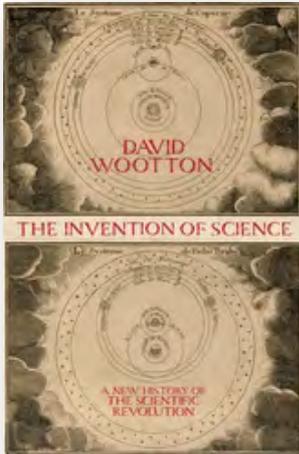
Criminal  
The truth  
about why  
people do  
bad things  
Tom Gash

CRIMINAL  
Tom Gash

The way we understand crime falls into two types of story; criminality is either a selfish choice, an aberration; or a forced choice, the product of social factors. These two theories continue to dominate both our views of and responses to crime, yet Tom Gash argues they are completely wrong.

*Criminal* seeks to dispel the myths that surround and inform our views of crime.

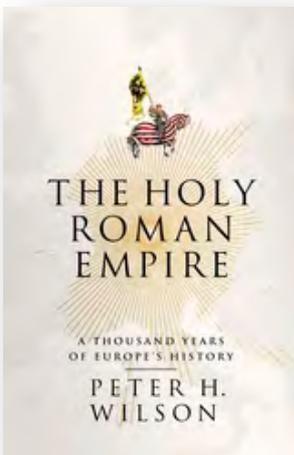
Allen Lane | 5 May 2016 | 352 pp  
Rights sold: China (Penguin China)



THE INVENTION OF SCIENCE  
David Wootton

We live in a world made by science. How and when did this happen? This book tells the story of the extraordinary intellectual and cultural revolution that gave birth to modern science, and mounts a major challenge to the prevailing orthodoxy of its history.

Allen Lane | 10 September 2015 | 784 pp  
Rights sold: US (Ecco) Spain (Critica), Italy (Il Saggiatore), Turkey (Yapi Kredi), China (Citic), Portugal (Temas E Debates)



THE HOLY ROMAN EMPIRE  
Peter H. Wilson

A strikingly ambitious book in which Peter H. Wilson attempts to convey to readers the unique nature and importance of the Holy Roman Empire, and how it changed over its existence.

This a *tour de force* - a book that raises countless questions about the nature of political and military power, about diplomacy and the nature of European civilization and about the legacy of the empire from imperial and Nazi Germany to the European Union.

Allen Lane | 28 January 2016 | 1008 pp  
Rights sold: US (Harvard University Press), China (Citic), Italy (Il Saggiatore)

## Recent Highlights



### TO HELL AND BACK

Ian Kershaw

The summer of 1914 saw most of Europe plunge into a catastrophic war that unhinged the continent's politics and beliefs. *To Hell and Back* tells this story with humanity, flair and originality, but also wrestles with the most difficult issues that it raised - what it meant for the Europeans who initiated and lived through such fearful times, and what this means for us today.

Allen Lane | 24 September 2015 | 624 pp

Rights sold: Denmark (*Gads*), Romania (*Litera*), Greece (*Alexandria*), Japan (*Hakusuisha*), Poland (*Znak*), US (*Viking*), Israel (*Am Oved*), Brazil (*Companhia*), Germany (*DVA*), France (*Du Seuil*), Portugal (*Dom Quixote*), Italy (*Laterza*), Netherlands (*Het Spectrum*), Czech Republic (*Argo*), Spain (*Critica*), China (*Citic*)



### THE PURSUIT OF POWER

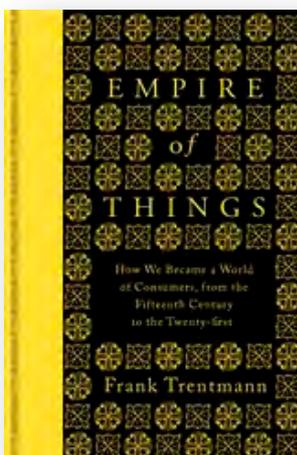
Richard J. Evans

*The Pursuit of Power* draws on a lifetime of thinking about nineteenth-century Europe to create an extraordinarily rich, surprising and entertaining panorama of a continent undergoing drastic change.

This is an essential book for anyone trying to understand Europe, then or now, which aims to reignite the sense of wonder that permeated this remarkable era.

Allen Lane | 1 September 2016 | 848 pp

Rights sold: Germany (*DVA*), China (*Citic*), Italy (*Laterza*), US (*Viking*), Spain (*Planeta*), Greece (*Alexandria*)



### EMPIRE OF THINGS

Frank Trentmann

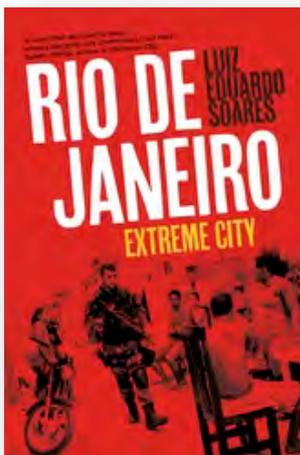
What we consume has become the defining feature of our lives. In *Empire of Things*, acclaimed historian Frank Trentmann unfolds the extraordinary history that has shaped our material world, from late Ming China, Renaissance Italy and the British Empire to the present.

Astonishingly wide-ranging and richly detailed, it explores how we have come to live with so much more, how this changed the course of history, and the global challenges we face as a result.

Allen Lane | 28 January 2016 | 880 pp

Rights sold: China (*Gingko*), US (*HarperCollins*), Germany (*DVA*)

## Recent Highlights

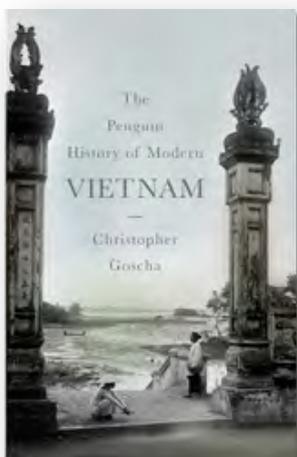


### RIO DE JANEIRO Luiz Eduardo Soares

A book as rich and sprawling as the seductive metropolis it evokes, *Rio de Janeiro* builds a kaleidoscopic portrait of this city of extremes, and its history of conflict and corruption.

Telling the story of Rio through the everyday lives of its people: gangsters and police, activists, politicians and struggling migrant workers, Soares takes us on a journey into Rio's intricate world of favelas, beaches and corridors of power to reveal one of the most extraordinary cities in the world in all its agonistic beauty.

Allen Lane | 5 May 2016 | 224 pp  
Rights sold: Italy (Feltrinelli), Brazil (Companhia)

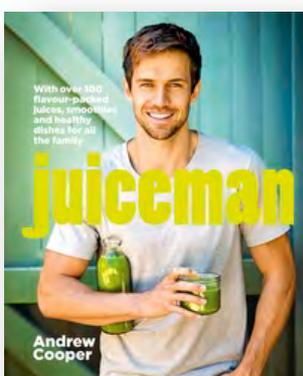


### THE PENGUIN HISTORY OF MODERN VIETNAM Christopher Goscha

As more and more visitors descend on the extraordinary country of Vietnam, there has been an increased need for a major history - a book which allows the outsider to understand the many complex layers left by earlier emperors, rebels, priests and colonizers.

Christopher Goscha is a leading expert on Vietnam, and this book draws on the latest research and discoveries in Vietnamese, French and English.

Allen Lane | 30 June 2016 | 704 pp  
Rights sold: US (Basic), Taiwan (Linking Publishing)



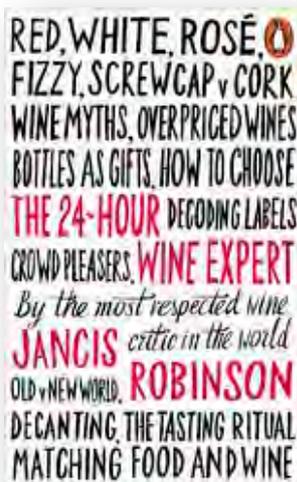
### JUICEMAN Andrew Cooper

Delivering 100% natural and unprocessed nutrition, *Juiceman* contains easy, delicious juices, smoothies, tonics, teas and nut milks designed to complement a busy lifestyle and maintain optimum health.

The recipes range from medicinal juices to combat dehydration or digestive problems, to smoothies for detoxing and retoxing.

Michael Joseph | 14 January 2016 | 224 pp  
Rights sold: US (Chronicle), Italy (RCS Libri), Netherlands (Kosmos), Romania (Lifestyle Publishing), Finland (Viisas Elama)

## Recent Highlights



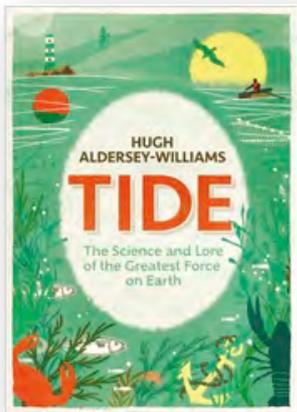
### THE 24-HOUR WINE EXPERT

Jancis Robinson

Wine is one of the most popular drinks in the world, yet many wine drinkers wish they knew more about it without having to go on a wine course. Jancis Robinson shares her expertise with authority, wit and approachability. From the difference between red and white to the shape of bottles, from descriptions of taste, colour and smell to pairing wine with food, Robinson helps us make the most of this mysteriously delicious drink.

Particular Books | 4 February 2016 | 112 pp

Rights sold: Portugal (Dom Quixote), China (Cheers Publishing), Czech Republic (Grada), Taiwan (PC User), US (Abrams), Germany (Mosaik/Goldmann), Sweden (Modernista), Russia (Azbooka Atticus)



### TIDE

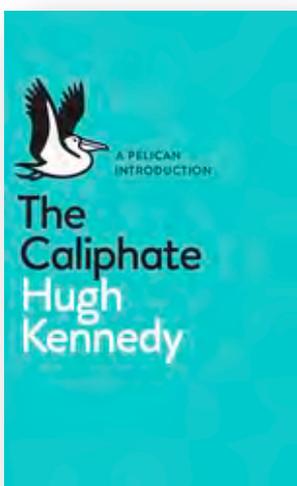
The Science and Lore of the Greatest Force on Earth  
Hugh Aldersey-Williams

Half of the world's population today live in coastal regions lapped by tidal waters.

To fully grasp the influence of the tide, Hugh Aldersey-Williams brings together centuries of science, but also the literary history and folklore it has inspired: mistaken by Caesar, captured in the art of Turner and now puzzled over by the world's leading researchers.

Viking | 2 June 2016 | 464 pp

Rights sold: Germany (Carl Hanser)



### THE CALIPHATE

Hugh Kennedy

What is a caliphate? Who can be caliph? And how are contemporary ideologues such as ISIS reviving - and abusing - the term today?

In the first modern account of a subject of critical importance today, acclaimed historian Hugh Kennedy answers these questions by chronicling the rich history of the caliphate from the death of Muhammad to the present.

Pelican | 30 June 2016 | 400 pp

Rights sold: US (Basic Books), Germany (C H Beck)

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